

# Spring Festival of Awareness

## April 22, 23 & 24, 2005

27<sup>th</sup>

Annual Celebration

at

**Naramata**

**BC**

Register before March 20  
& SAVE \$20 ... Adults \$145  
Seniors/Teens \$120

Over 50 Workshops

Opening & Closing  
Ceremonies

Sunrise Meditations  
& Tai Chi

Networking Opportunities

A Healing Oasis

A Festival Store & more

**1-888-756-9929**

Visit us on the web:  
[issuesmagazine.net](http://issuesmagazine.net)

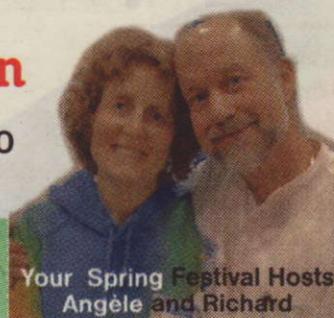


# Join us for the 27<sup>th</sup> annual Spring Festival of Awareness Celebration

Register before March 20<sup>th</sup> & SAVE \$20. Adults \$145, Seniors/Teens \$120  
plus meals and accommodation for the weekend plus GST

We prefer registration is done by sending in a cheque and the registration form on  
page 13 ... but you can register by phone using your credit card.

1-250-366-0038 or toll free 1-888-756-9929



Your Spring Festival Hosts  
Angèle and Richard

This celebration happens the last weekend of April, every year, at the  
Naramata Centre which is a conference facility operated by the United Church.  
Wheel-chair accessible and located next to Okanagan Lake near Penticton, BC.

**Questions?  
Call Toll Free**

**1-888-756-9929**

## Friday

Onsite Registration starts at 1:30 pm • Dinner is 5:15 - 6:15  
Opening Ceremonies start at 7 pm with the Dances of  
Universal Peace led by Akbar and Sharda, followed by the  
Introduction of Workshop Leaders and a twenty minute Crystal  
Bowl Meditation to conclude the evening.

**Refreshment Stations** provide herbal teas,  
organic juices and coffee during the morning and afternoon  
breaks. This is included in your registration fee.



We ask that you bring a travelling mug  
so we don't have to wash cups. Thanks!

**The Festival Store** has space to sell various crafts,  
crystals, jewellery and more. If you are registered as a partici-  
pant and want to bring items to be left in the store to sell call  
the office at 250-366-0038. We take a 20% commission on  
the items sold.

**Weekend Schedule** Sunrise Ceremonies start at  
6:45 each morning with a variety of Movement and Meditation  
exercises. A choice of ten workshops start at 8:45 am. Lunch  
is at 12 noon and the afternoon workshops are from 2 - 5:15  
pm. Dinner is followed by a choice of nine more workshops.

The Saturday Night Dance starts at 9 pm in the Great Hall, with  
the Wassabi Collective. This high energy dance band will get  
you shaking until 11 pm and includes a Fire Dance  
Demonstration around 10:15 pm.

The Sunday morning schedule is the  
same except after lunch there is the last  
set of the workshops, then Closing Circle  
from 4 to 4:45 pm. No dinner on Sunday.



**The Healing Oasis** is in the downstairs of McLaren  
Hall. We have many readers and healers available for private  
sessions at a rate of \$15 per half hour or \$25 per hour.

Friday sign-up starts at 1:30 pm. Sessions available 3 to 6 pm.  
Or sign-up Saturday starting at 8 am and all day Sunday  
Sessions are Sat. 9 am to 7 pm and Sunday 9 am to 3:30 pm.

We also have a Reiki Room with drop-in sessions Friday  
afternoon, continuing Saturday from 12 noon to 7 pm and  
Sunday from 9 am until 3 pm. Reiki sessions are by donation.

## If you wish to work in the Healing Oasis

we offer a trade: 6 hours of healing sessions for a weekend  
pass and a \$25 credit towards accommo-  
dation or meals. There are soups, bread  
and muffins available to healers anytime in  
the Healing Oasis. Naramata Center meals  
and meal times are on page 14.

If interested in working contact Christina by  
email: [christina@holisticcounsellor.com](mailto:christina@holisticcounsellor.com) or  
phone her home at 250-490-0735.



Christina Ince

**Accommodation** is on a first come basis. Please  
register early to avoid disappointment. Information and costs  
are on the registration form on page 14.

**Meals** Please pre-order by April 6, the sooner the better.  
Naramata Center offers delicious, full course meals with bev-  
erage and dessert. If we have cancellations, a few meals  
could become available at the last minute. There is one  
restaurant a few blocks away. For meal prices see the regis-  
tration form on page 14.

**Finding Naramata** - Driving into Penticton from the  
South, pass the Airport and turn left at the traffic lights (just  
over the bridge) onto Channel Parkway (hwy 97 N). Go through  
two traffic lights to a third traffic light at Eckhardt Ave. Turn  
right, go through four traffic lights and one block to **Haven  
Hill**.\*\*\* Turn left, up hill one block to the 'Y.' Turn right onto  
Johnson Road, go 3 long blocks. Turn left onto Upper Bench  
Road go approx. 1 km. Turn right on McMillan Ave., go 1 long  
block, turn left onto Naramata Road. From this point it is

approx. 11 km to Naramata. Watch for the sign • After 15  
to 20 minutes driving, the road will swing left and curve  
down the hill into Naramata. You will be on Robinson  
Avenue. Turn left on either 3rd or 4th St. Go two blocks  
and you will be on Ellis St and Naramata Centre.

**Coming from the North** - Cross the bridge, you  
are now on Eckhardt Avenue, stay on Eckhardt to **Haven  
Hill**. Follow the instructions.\*\*\*

# Workshops & Workshop Leaders

The workshop numbers correspond to the numbers on the overall schedule

## Akbar and Sharda

Salmon Arm • 250-832-9377

acorn101@jetstream.net

Akbar and Sharda approach spirituality from the path of the heart which has guided them for 25 years. They have been instrumental in offering the teachings of Inayat Khan in Canada since 1978 and are founding members of the Sufi Movement in Canada, and continue to spread the message of Love, Harmony and Beauty.



Workshop #01 Saturday evening 2 hours

## Dances of Universal Peace

These simple, meditative, joyous, multi-cultural circle dances use sacred phrases, chants, music and movements from the many traditions of the earth to touch the spiritual essence within ourselves and others. Based on the work begun in the late 60's by Samuel L. Lewis, they promote peace and integration within individuals and groups worldwide.

*They will be leading the Dances of Universal Peace Friday evening at 7 pm for all to enjoy.*

## Adeja Chrisara

Kelowna • 250-878-7528

adejachrisara@yahoo.ca

A dancer, choreographer, dance anthropologist and self-confessed dance addict, Adeja has been teaching Creative Dance classes for over ten years. Formally trained in ballet, jazz, modern and creative dance, dance composition and acting, she has also dabbled passionately in tai chi, yoga, mime work and clowning.



Workshop #02 Saturday morning 3 hours

## Every Body Dance Now

As many cultures know, dance is vital to human expression and healing. Come play, explore your movement potential and discover the pure joy of creating original individual and group dances. *Wear loose comfortable clothes, and bring a mat or blanket.*

Workshop #03 Sunday afternoon 2 hours

## Choreograph Your Life

Creating dance around our life experiences offers us a profound opportunity to heal, celebrate and transform ourselves. Give your dancing spirit full rein; explore and express your most sacred self. *Wear loose comfortable clothes, and bring a mat or blanket.*

## Ean Langille

Penticton • 250-493-5782

totalwellness@shaw.ca

www.iridologycourses.com

www.iridologyassn.org

Ean is a passionate Teacher, IIPA Certified Iridologist/Instructor, Master Herbalist, Certified Natural Health Professional, and Physical/Spiritual/Mental/Emotional Counsellor. At Ean's Natural Healing Practice in Penticton, he uses Energy Reflex Testing (ERT) and Iridology to empower others and create programs that support the body's innate healing intelligence.



Workshop #04 Saturday evening 2 hours

## Insight Iridology - A Tool For Total Wellness

Learn the iris signs in theory and through practice that indicate your personality, mental/emotional nature, and soul lessons. Discover this powerful tool of Iridology and its uses in supporting the body physically, nutritionally, and spiritually.

Workshop #05 Sunday morning 3 hours

## Dr. Mom - Dr. Dad

Techniques For Primary Health Care In The Home

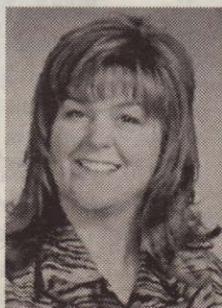
Learn how colds, flus, headaches, earaches and more are actually messages from the body in this practical session. Support and speed-up the natural healing process, rather than suppressing the signals. A completely new health paradigm shift.

## Connie Brummet

Kelowna • 1-866-763-2418

www.naturalhealthcollege.com

Connie has been studying natural healing since 1991. She has been professionally teaching and lecturing since 1999. Founder of the Canadian Institute of Natural Health and Healing. Her love is the study of metaphysics. She believes Healing and Knowledge are your true passage ways to ascension.



Workshop #06 Saturday evening 2 hours

## Psychometry

Everything has a vibration and is sending us information. Learn how to read energy. You will learn how to read energy from jewellery, pictures and writing. Please bring one of each item with you.

Workshop #07 Sunday afternoon 2 hours

## Manifesting

What is it that you desire, want, wish and need? Find out what is stopping you and how to achieve your goals. We all have the power, most do not know how to manifest.

Workshop #08 Saturday afternoon 3 hours

Workshop #09 Sunday afternoon 2 hours

### The Family Constellation

as taught by Bert Hellinger ([www.hellinger.com](http://www.hellinger.com))

This proven method of therapy removes the impediments to the flow of love in your life. Like a stream with rocks below the surface that alter the flow of water, love moves more smoothly when the disturbances are recognized and removed. This workshop is an opportunity to break the chain of repeated patterns so that resolution is immediate as each of us moves towards a place of acceptance and calm, that deepens with time.



**Bryce & Julie-Ann Hyatt**

Winlaw, BC • 250-226-7654

[jahyatt@telus.net](mailto:jahyatt@telus.net)

**Bryce:** I am solution oriented and believe in 'show me'. Very few things have passed the test; I put the work of Bert Hellinger at the top of my list. It is experiential work that effects change in a powerful, immediate and ongoing way.

**Julie-Ann:** I have a practice as a Behavioural Consultant focusing on Autism. Adding the work of Bert Hellinger has profoundly changed and enriched the work I do. I have a passion for working with people and enjoy all that they have to offer.

Workshop #10 Sunday morning 3 hours

### Radiance

The healthy human life is radiant. It shines and casts light into the world. This workshop provides introductory experiences - the basics which, with discipline and continued work, infuse life with radiance. Come, ready to open your heart to both your fears and your boundless potential for joy.



**Lynne Gordon-Mündel**

Kamloops • 250-579-9926 • [lynnegm@telus.net](mailto:lynnegm@telus.net)

In 1981 currents of life force washed through me and I felt my relationship with the Source of life directly. Since that time I have found ways to stay open to that energy. I have explored subtle energies with thousands of people, assisting them to know they are not separate from their Creator.

Lynne is author of *Shamanchild*.

**SUNRISE CEREMONIES with Lynne, BOTH mornings at 6:45 am in North Wing**

**Awakening Consciously** • Moving from dream time into conscious movement, we awaken the body to the day.

Workshop #11 Saturday morning 3 hours

### Experience Thai Massage

A mini learning session in classical Thai massage involving a unique blend of pressure point work and manipulations to the body. It is based on the energy system within the body and yoga-like stretches.



**Kristie Straarup**

Saltspring Island • 250-537-1219

[pathaimassage@uniserve.com](mailto:pathaimassage@uniserve.com)

[www.pathaimassage.com](http://www.pathaimassage.com)

Kristie has been in the field of massage for over twenty-five years. She teaches Thai Massage through the 'Pacific Academy of Thai Massage' for people new to the field as well as seasoned practitioners. Registered Massage Therapists can receive full credits through the College of Massage Therapists.

Workshop #12 Saturday evening 2 hours

### What is Thai Massage

An introduction with some hands-on learning experience of what Thai Massage is all about. A relaxing class that can soothe the soul.

Workshop #13 Saturday morning 3 hours

### Introduction to Hands-On Healing

Come and be touched by the power of hands-on healing. Learn how you can achieve healing on all levels (physical, mental, emotional and spiritual - for others as well as yourself), promote relaxation, peace of mind, pain management, and provide freedom from stress, anxiety and tension. Dress comfortably and be prepared to experience giving and receiving this gentle and nurturing ancient healing art.



**Christina Ince**

Penticton • 250-490-0735

[christina@holisticcounsellor.com](mailto:christina@holisticcounsellor.com)

I have an holistic health practice in Penticton, providing Reiki classes and sessions, relaxation massage, and counselling for relationships and loss and grief. Years in Ireland, north and south, honed my fascination with the Celts and helped cultivate my love of storytelling, and my desire to share ancient wisdoms with wonder, integrity and humour.

Workshop #14 Sunday morning 3 hours

### Celtic Wheel of the Year

Celebrate life, revitalize your imagination and discover creativity on a fascinating journey through the eight Celtic festivals. Find modern relevance in ancient practices and yearly rhythms: spells and cures, rituals, tree astrology and the Druids. Hear your personal oracle speak. Have fun, be surprised, give blessings, and feast on festival foods!

**Christina  
is the  
Healing  
Oasis  
Coordinator**

**Ewa Luby • Terrace 250-635-0664**  
cygojme@hotmail.com

Ewa is a breath integration practitioner, rebirther, somatherapist and Gestalt practitioner. She studied in Poland, Germany and France for 10 years before coming to Canada. She has been facilitating rebirthing workshops and individual and family therapy for seven years. She believes that watching your breath and body can help you to balance and heal yourself.



Workshop # 15 Saturday afternoon 3 hours

### You Can Heal Your Life

First an introduction to breathing consciously with some stretches to learn about the body-mind connection, followed by a breath integration session of approx. one and half hours ending with positive affirmations and a forgiveness diet. Please bring a blanket or sleeping bag.

**SUNRISE CEREMONIES with Ewa, BOTH mornings at 6:45 am in the Loft.**

**Awareness Meditation • Conscious deep breathing to ground yourself while your body and mind awaken.**

### Jennifer Burrows

Vernon, B.C. • 250-545-8265  
jennross@shaw.ca

Jennifer holds degrees in psychology and education, is a certified hypnotherapist, a Master practitioner of NLP, a 5th level Kamadon master and a fledgling evolutionary astrologer. A full-time educator for 28 years she currently conducts workshops and individual sessions for women seeking to make effective change.



Workshop #16 Sunday morning 3 hours

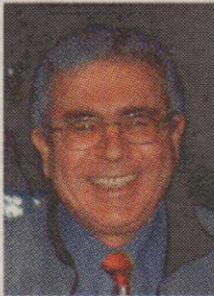
### Authentic Woman

Confused or uncertain? Reclaim your authentic abilities. Sharpen your instincts. Clear your vision. Learn to make decisions you won't second-guess. Begin immediately to direct your life from soul-centered intentions.

### Joseph Ranallo

Rossland, BC  
250-362-7763  
jranallo@selkirk.ca

Joseph manages a part time acupuncture practice in which he combines Korean Hand



Therapy and Chinese Herbal Patches with Traditional Oriental Medicine. He believes that all people have the capacity to heal.

Workshop #17 Saturday morning 3 hours

### Korean Hand Therapy

Experience this healing practice based on the hand acupuncture micro system that uses specific hand points to diagnose health issues, to balance the meridians, to manage pain, and to treat the entire body, using only finger pressure and metallic pellets. Please bring to the session two colored metal rings (gold, brass, copper, etc.) and two white metal rings (silver, steel, aluminum)

Workshop #18 Saturday afternoon 1.5 hours

### Chinese Herbal Patches

Herbal patches have been used in Oriental Medicine for a long time. Recently China has developed a series of patches that are keyed to special acupuncture points to address specific health issues. Come and see how these patches work. With little training, you will be able to use some of these patches on your clients and on yourself. Please bring to the workshop two colored metal (gold, brass, copper) finger rings and two white metal (silver, steel, aluminum) finger rings.

### Heather Holdener

Nelson • 250-352-9633 • chineach@hotmail.com

Heather is a self taught fire dancer with seven years of experience. Heather dances with poi, hula hoop, and fire fingers, incorporating both fire and black lights into her performances.



Workshop #19 Sunday afternoon 2 hours

### Poi Workshop

Poi is a form of meditation and an excellent workout. This workshop includes a brief history and basic to advanced moves. Practice poi will be provided. It is open to all levels.

### Jon Kelly

Vancouver • 1-888-453-0751  
www.yourinnervoive.com  
jon@yourinnervoive.com

Jon is a speech analyst, radio feature producer, therapist, yoga and internal martial arts practitioner, musician and photographer whose work is seen and heard on international television and radio. Jon integrates the best of ancient Eastern spiritual science with modern Western technologies to inspire personal growth in a practical way.



Workshop # 20 Saturday morning 3 hours

### Photographic Keys to Cosmic Consciousness

Take spiritual photographs with your personal camera! Study high-resolution, close-up digital photography of interdimensional gateways, angels, fairies, UFO's, ectoplasm and orbs generated during the practice of classical yoga meditation. Detect archaic patterns of light that map out the spiritual process of soul ascension. Close your eyes and visualize the symbols to access inner worlds, past life recall and more!

These numbers indicate the workshop location on the map you will receive at the Festival

# WEEKEND SCHEDULE

## Saturday

Location	8:45 am - noon	2 - 3:30 pm	3:45 - 5:15 pm	7 - 9 pm
<b>1 Loft</b>	# 11 <b>Kristie Straarup</b> Experience Thai Massage	# 15 <b>Ewa Luby</b> You Can Heal Your Life		# 01 <b>Akbar &amp; Sharda</b> Dances of Universal Peace
<b>2 North Wing</b>	# 35 <b>Rob Chubb</b> Colour Spectrums™	# 37 <b>Christine Sutherland</b> Palliative Massage		# 36 <b>Rob Chubb</b> The Person Who Laughs ...Lasts
<b>3 Sessions Room</b>	# 20 <b>Jon Kelly</b> The Photographic Keys to Cosmic Consciousness	# 08 <b>Bryce &amp; Julie-Ann Hyatt</b> Family Constellations		# 51 <b>Flo Masson</b> Meditation/Chant with a Rosary
<b>4 South Wing</b>	# 27 <b>Stephen Austen</b> Life After Death	# 46 <b>Duncan &amp; Darcy</b> Spiritual Awareness and Meditation		# 12 <b>Kristie Straarup</b> What is Thai Massage?
<b>5 Maple Court 1</b>	# 41 <b>Norma Cowie</b> Developing All Your Psychic Intuitive Abilities	# 47 <b>Jean Shelemey</b> Our Empowering Dreams		# 53 <b>Clayton Truman</b> Through Enlightenment and Beyond
<b>6 Maple Court 2</b>	# 40 <b>Sue Peters</b> Healing Circle	# 25 <b>Karen Angle</b> Voice to Voice	# 21 <b>Hajime Harold Naka</b> What the Bleep Do I Know?	# 44 <b>Harry &amp; Nora Jukes</b> Where Do We Go From Here?
<b>7 upper Alberta Hall</b>	# 17 <b>Joseph Ranallo</b> Korean Hand Therapy	# 18 <b>Joseph Ranallo</b> Chinese Herbal Patch	# 33 <b>Brenda Molloy</b> Discover Do-In (Self Shiatsu)	# 06 <b>Connie Brummet</b> Psychometry
<b>8 lower Alberta Hall</b>	# 39 <b>Sharon Taphorn</b> Mastery is an Inside Job	# 31 <b>Mariah Milligan</b> Energy Medicine	# 29 <b>Donna Harms</b> Earth Energy Healing	# 04 <b>Ean Langille</b> Insight Iridology
<b>9 Great Hall</b>	# 02 <b>Adeja Chrisara</b> Every Body Dance Now	# 49 <b>Paul Langlois</b> 'Pauly'rhythms Drum Workshop	<b>Stay until 3:30 or 5:15</b>	# 50 <b>Paul Langlois</b> 'Pauly'rhythms Drum workshop
<b>Chapel or other</b>	# 13 • <b>Christina Ince</b> Introduction to Hands on Healing (in the Healing Oasis)	# 24 <b>Terez Laforge</b> Crystal Bowls & Chakra Sound		# 23 <b>Kim Kraushar &amp; Rusty Clarke</b> Body Energy Alignment

### The Wassabi Collective

from Penticton/Nelson

An independent band working on their third release. Enjoy their unique blend of organic electro groove and worldbeat flavours.

#### Saturday Night Dance

9-11 pm in the Great Hall.

Non-Festival members pay \$10 each

[www.wassabi.net](http://www.wassabi.net)



Saturday 7-9 pm

'Pauly'rhythms Drum Workshop will happen as the Wassabi Collective sets up.

# APRIL 22, 23 & 24<sup>th</sup> 2005

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## Sunday

SUNRISE CEREMONIES 6:45 am - 7:30 am	8:45 am - noon		1:45 - 3:45 pm	Location
<b>Ewa Luby</b> Awareness Meditation	# 45 <b>Gisela Ko</b> Shaminism & Fairy Tales	# 09 <b>Bryce &amp; Julie-Ann Hyatt</b> Family Constellations		Loft <b>1</b>
<b>Lynne Mündel</b> Awakening Consciously	# 10 <b>Lynne Gordon-Mündel</b> Radiance	# 07 <b>Connie Brummet</b> Manifesting		North Wing <b>2</b>
<b>Gisela Ko</b> Wake-up Chair Exercises	# 32 <b>Mariah Milligan</b> Emotional Freedom Techniques	# 28 <b>Stephen Austen</b> Life After Death		Sessions Room <b>3</b>
<b>Flo Masson</b> Meditation (Sat only)	# 30 <b>Donna Harms</b> Gemstone Massage Therapy	# 48 <b>Jean Shelemey</b> Spiritual Meaning of Disease & Healing Visualization Meditation		South Wing <b>4</b>
<b>Susan Oliver</b> Yoga (Sun only)		# 52 <b>Flo Masson</b> Labyrinth - a Walk with the Ancients (meet at the Labyrinth)		Maple Court 1 <b>5</b>
	# 14 <b>Christina Ince</b> The Celtic Wheel of the Year	# 22 <b>Hajime Harold Naka</b> Cultivating a Qi Meditation (Outside on lawn if weather is good)		Maple Court 2 <b>6</b>
<b>Sharon Taphorn</b> Connecting to Love (Sat only)	# 05 <b>Ean Langille</b> Dr. Mom - Dr. Dad	# 42 <b>Norma Cowie</b> Psychic Surgery thru Prayer		upper Alberta Hall <b>7</b>
<b>Sue Peters</b> Returning Home (Sun only)	# 34 <b>Brenda Molloy</b> Introduction to Tantra	# 38 <b>Christine Sutherland</b> Power of Touch		lower Alberta Hall <b>8</b>
<b>Michele Matthews</b> Create Your Day CD	# 16 <b>Jennifer Burrows</b> Authentic Woman	# 03 <b>Adeja Chrisara</b> Choreograph Your Life		Great Hall <b>9</b>
<b>Terez Laforge</b> A Sound Meditation	# 26 <b>Karen Angle</b> Voice to Voice	# 19 <b>Heather Holdener</b> Poi Workshop (Columbia Hall lawn)		Chapel or other

### Friday Night Meditation with Terez and her Crystal Bowls



The Great Hall will be graced with many new decorations this season. Claire made beautiful layered skirts for the altar tables and Nywyn has painted four 'Angels of the Seasons.' Listen to the new Crystal Water Fountain and feast your eyes on the many crystals that will hold the energy for us.

### Dances of Universal Peace with Akbar Opening & Closing Ceremonies



Workshop #21 Saturday afternoon 1.5 hours

### What the Bleep do I know?

Participate in Hajime's off-centered observations of life in the Cosmic Fish Bowl and ponder the questions "What the bleep am I doing here?" and "Who the bleep am I?"

Workshop #22 Sunday afternoon 2 hours

### Cultivating a Qi Meditation

Dancing dragon Qi gong is a mindful, meditative, rejuvenative Qigong, using body-mind wisdom and energy to prevent and heal illnesses and injuries, while deeply relaxing body and mind.



**Hajime Harold Naka**  
Kelowna • 250-762-5982

Hajime is a radical Urbanist Daoist visionary and seriously playful Qi-dancer and martial artist. His 'Body Mind Spirit relaxing into wholeness, Qi gong' and 'Peace through movement Tai Chi' is changing people's lives. He has been healing, empowering and liberating society, one body at a time, since 1983.

**SUNRISE CEREMONIES with Hajime, BOTH mornings at 6:45 am in the Great Hall**

**Qi gong Meditation • Body, Mind, Spirit relaxing into Wholeness, while moving in harmony with nature.**

Workshop # 23 Saturday evening 2 hours

### Body Energy Alignment

Kim and Rusty combine a lifetime of healing experiences and intuitive energy sensitivities to clear blockages and to align the body. This includes therapeutic touch and body work coupled with intense toning directly to the affected areas.



**Kim Kraushar & Rusty Clarke**

Kamloops • 250-578-7400  
nightcrossing2001@yahoo.ca

Kim is a firefighter (literally), a musician and an artist. Rusty is a drug rehabilitation and youth counsellor. These two big hearted intuitive men walk in gentle strength. Ever since their childhoods, they have explored and worked with subtle body energies. Today they are using sound as an energy transformer along with shamanics and healing touch training.

Workshop # 24 Saturday afternoon 3 hours

### Crystal Bowls Sounds

Using singing crystal bowls, bells, chimes and a wind gong, we will open the chakra system from the root to the crown to let go of limitation and receive guidance and insight in our lives. We will close with sound movement from the crown back down to the root chakra, returning to the earth.



**Terez Laforge**

Kamloops 250-374-8672  
terez@telus.net

Terez is a ten year student of sound as a transformational tool. She uses sound exploration with the intent of letting go of limitations, making peace and knowing one's purpose. No harmful side effects!

**Presenting the Friday evening Sound Meditation in the Great Hall**

**SUNRISE CEREMONIES with Terez and/or Kim & Rusty, BOTH mornings at 6:45 am in the Chapel**

**A Sound Meditation: using the crystal bowls and/or other instruments we will create alignment with our intent.**

Workshop #25 Saturday afternoon 1.5 hours

Workshop #26 Sunday morning 3 hours

### Voice to Voice

Karen creates a light and inclusive atmosphere where even the timid feel safe opening and expanding their voices. "People say they have a hard time keeping their mouths shut during my workshop!"



**Karen Angle**

Kelowna • 250-712-1648 • anglekaren@hotmail.com

Karen (Kea) is a vocal specialist. Performer, pedagogue and composer for twenty years, Kea has a unique talent for guiding others in uncovering their voices. She holds a bachelor of music, a Masters of Education and a Cdn. Counselling Certification. Currently arranging music for her third recording she leads chanting and harmonizing song circles. She coaches in singing, piano and flute.

Workshop #27 Sat. morning 3 hours • Workshop #28 Sun. afternoon 2 hours

### Life after Death

In this talk Steve will present his personal understanding of life beyond the physical form and what to expect when your physical body dies. Using diagrams on the board he will take you through a journey into the Afterlife and teach you about the various planes of consciousness which exist outside of the physical dimension. He will draw upon quotations from various other sources in which life after death is understood to be a fact and not merely consigned to being a theory.



**Stephen Austen**

Peachland 250-767-3089  
www.stephenausten.com

Stephen is a Clairvoyant Medium with over 25 years experience. Author of two books he has had psychic, spiritual and mystical experiences since babyhood. He works professionally to assist grieving loved-ones to come to an understanding that there is no 'death'.

**Donna Harms**  
Armstrong, BC  
250-546-9123  
donna52@telus.net



Donna is certified in Reflexology, Crystal Light Therapy, Gemstone Massage Therapy, Shiatsu, and is a Reiki Master (trained with gem stones) and a Colour Therapy practitioner. Owner/operator of Beat The Blues Spa in Armstrong, B.C..

Workshop #29 Saturday afternoon 1.5 hours

### Earth Energy Healing

A workshop to touch on the healing and therapeutic applications of gemstone and crystal healing. Useful charts, explanations and hands-on uses of many varied stones and crystals.

Workshop #30 Sunday morning 3 hours

### Gemstone Massage Therapy

An introduction that combines inspiration and continuing healing of all our senses - sound, smell, touch, meditation and visualization, resulting in amazing breakthroughs of 'stuck and unwanted' energy - that has created blockages or disease. It incorporates the therapeutic uses of crystals, gemstones, aromatherapy, guided visualization, toning and stone massage, creating a euphoric state of well-being, physically, mentally and emotionally. Bring a blanket and pillow for lying down comfort!

**Mariah Faye Milligan**  
Vernon, BC, 250-558-3665  
plumblossom@shaw.ca



Mariah is a highly experienced professional counsellor and has devoted herself to exploring and teaching cutting-edge techniques in personal growth for more than twenty years. She is certified counsellor and has a B.A. in psychology, and an advanced certificate in E.F.T. (Emotional Freedom Techniques)

Workshop #31 Saturday Afternoon 1.5 hours

### Energy Medicine

Learn how to use your body's energy to boost your vitality and stamina strengthen your immune system, relieve pain and common complaints, and keep yourself healthy and balanced with a five minute routine.

Workshop #32 Sunday Morning 3 hours

### Emotional Freedom Techniques

A revolution is brewing in the practice of psychology and is already changing much of modern day therapy. These simple breakthrough healing methods are easily learned, long lasting and can rapidly eliminate anxiety and trauma.

**Brenda Molloy**  
Kelowna • 250-769-6898  
brenmolloy@hotmail.com



Brenda is a Shiatsu Practitioner, Yoga Therapist, Feng Shui Consultant, & Tantrika. She is the proprietor of Studio Chi, a school dedicated to the exploration of the movement of chi (energy). Brenda loves to share her passion for life. Her playshops are relaxing, therapeutic, educational and fun.

Workshop #33 Saturday afternoon 1.5 hours

### Discover Do-In (Self-Shiatsu)

Do-In is the ancient healing art of self-shiatsu. It enables us to become caregiver to ourselves as we learn to alleviate pain and tension in our bodies. Discover how to stimulate your body's natural healing powers using acupressure points, breathing and a few simple stretches in this fun and practical workshop. Please bring a blanket and/or towel.

Workshop #34 Sunday morning 3 hours

### Introduction to Tantra

This fun filled time will be spent learning about Tantra and Kundalini energies. Described as a coiled serpent that lies at the base of our spine, many yogis have spent life times harnessing this life force energy. Discover how to switch off the mind and awaken the senses to become aware of your whole body. Please bring a blanket or towel.

**Rob Chubb**  
Ardrossan, AB • 780-922-6877  
rchubb@compusmart.ab.ca



Rob is a graduate of the Univ. of Victoria with a Bachelor's Degree in Child and Youth Care and a faculty member at Grant MacEwan College in Edmonton for over 20 years. He likes promoting human development and self-empowerment through education, interaction and fun.

Workshop #35 Saturday morning 3 hours

### Colour Spectrums™

ColourSpectrums™ is a learning experience conducted in a positive atmosphere of fun and entertainment. In this dynamic session Rob will educate and entertain you as you actively explore your personality strengths and sources of esteem. You will interact with others in a guided process of group discussions and activities that naturally enhances self-esteem, pride and dignity.

Workshop #36 Saturday evening 2 hours

### The Person who Laughs ... Lasts!

In this stressful world of daily routines we can become human-doings rather than human-beings. Humour is a valuable 'laugh-skill' in the art of being human and can help us break the 'farce of habit.' An up-beat, interactive and educational discovery of our senses of humour and 'self-esteem.'

Workshop #37 Saturday afternoon 3 hours

### Palliative Massage

Designed for caregivers, health professionals, family and friends of those who are disabled, or chronically/terminally ill. Learn proven techniques for at-home or in institution, in bed, or wheel chair to enhance functioning of circulatory, respiratory and digestive systems.

Workshop #38 Sunday afternoon 2 hours

### Power of Touch

Touch is healing and helps to soothe and relax the nervous system. We will give and get a short massage, in this hands-on workshop as you learn the basics.



**Christine Sutherland**

Nelson, BC • 250-352-7754

[www.sutherlandmassageproductions.com](http://www.sutherlandmassageproductions.com)

Christine has over 30 years of experience as a massage therapist. She is co-founder of Toronto's Sutherland-Chan School of Massage Therapy and producer of numerous videos on the subject of massage including Pet Massage, Baby Massage, Musical Massage and Cancer Massage among others. Christine's passion is to teach the importance of massage as a component of a healthy lifestyle and relationships.

Workshop #39 Saturday morning 3 hours

### Mastery is an Inside Job

We will discuss why some people can heal and others don't, while seemingly doing 'all the right things.' Learn whether your major life lesson is a matrix or a stamp. Can it be healed or must it be mastered. We will discuss the 12 primary life lessons to assist us on our journey. These include meditation, group work for understanding our energetic connection to each other and all that is.



**Sharon Taphorn**

Vancouver, BC • 604-874-3770

[www.sharontaphorn.com](http://www.sharontaphorn.com) [staphorn@shaw.ca](mailto:staphorn@shaw.ca)

I have always been empathic and sensitive... it was when I learned to appreciate and foster these abilities that exciting things started to happen. Today my Holistic Healing Practice includes Tachyon, Quality of One, Foundation Level Overlight Facilitator, Past Life Regression and Transformation, Reiki Master/Teacher, Usui and Karuna, Ra-Sheeba Master/Teacher and Energy/Shamanic Healing. I am also a Practical Nurse and work in a long term facility.

**SUNRISE CEREMONIES with Sharon, Saturday morning ONLY at 6:45 am in upper Alberta Hall**

**A Guided Journey • Connecting to the Web of Love and how to use it as a tool to assist yourself and others.**

Workshop #40 Saturday morning 3 hours

### A Healing Circle

A combination of Hawaiian Huna Breathing & Healing Methods, Shamanic Healing and Clearing Techniques, Kabala Chants, Grounding and Centering Techniques that can be used for all kinds of healing. Once the vortex is created we will practice sending this healing energy over the airwaves for some distance healings.



**Sue Peters**

Keremeos • 250-499-5209

[desertsunz@yahoo.ca](mailto:desertsunz@yahoo.ca)

I have communicated with Nature and Nature Spirits all of my life. As a child, I learned to walk easily between the spirit world and this physical existence, and this awareness has never left me.

I was trained in shamanism by an eclectic group of indigenous shamans from the southwestern states. I also have a background as a Guarani Shaman, Reiki & Seichem Master/Teacher, Ra-Sheeba Master/Teacher and does Acupressure Massage.

**SUNRISE CEREMONIES with Sue, SUNDAY morning ONLY at 6:45 am in Upper Alberta Hall**

**Returning Home. This meditation is for individuals to balance, focus and create a peaceful feeling within.**

Workshop #41 Saturday morning 3 hours

### Developing All Your Psychic Intuitive Abilities

In your body you have a psychic system ... eyes, ears, nose, and mouth. Come to understand these systems and clear channels so all your psychic intuitive abilities work for you.

Workshop #42 Sunday afternoon 2 hours

### Psychic Surgery

Hear how a life's journey brings Norma to a realization that through an ancient prayer method she was doing psychic surgery.



**Norma Cowie**

White Rock • 604-536-1220

[norma@normacowie.com](mailto:norma@normacowie.com)

Norma has been a professional metaphysical/psychic, teacher, author for nearly 30 years. Her continual journey to understand the psychic, intuitive and spiritual connections has led her into uncharted waters many times during her life. She brings her knowledge, her personality and understanding in all she does.

## Remi Thivierge

Salmon Arm • 250-863-2220  
remi-t@telus.net

Remi is an holistic psychotherapist with 27 years experience. He's certified as a couple and family therapist and trainer. One of his areas of expertise is work with individuals and families in which there is an Indigo child.



Workshop #43 Sunday morning 3 hours

### Indigo Children

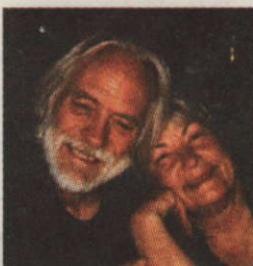
#### The light and the dark side

Indigo children are very intelligent, intuitive, powerful, and sensitive. With their sensitivity, they tend to pick up negativity around them and act it out. Come learn about them, how to manage our relationship with them, and how to help them heal.

## Nora & Harry Jukes

Robson • 250-365-6753  
harry@jukes.ca

Harry is a retired chemistry instructor, Nora is a retired teacher (now a full time gardener). "Be careful of those Festival energies: we met at the first Festival, 27 years ago, and have been together ever since!" (What Bliss)



Workshop #44 Saturday evening 2 hours

### Where Do We Go From Here?

It has been said, "We are the ones we have been waiting for". What does this mean? In the face of increasing scientific and psychic predictions of worldwide calamities, what do we do?

## Gisela Ko

Grand Forks • 250-442-2391  
algiz@sunshinecable.com

Gisela is a shamanic healer who trained extensively under Michael Harner and Sandra Ingerman. She also studied Tibetan, Celtic and Siberian Shamanism. She now lives on a mountain, teaching and conducting circles and gatherings in Grand Forks.



Workshop #45 Sunday morning 3 hours

### Shamanism and Fairytales

In fairytales our lost shamanic heritage along with the cosmology of our ancestors lives on, often distorted or camouflaged, sometimes amazingly clear. Let's see what we can discover through shamanic journeying. Bring drum and/or rattle if you have one.

**SUNRISE CEREMONIES with Gisela, BOTH mornings at 6:45 am in Sessions Room**

**Wake-up Chair Exercises** for people who are not so fit. Easy stretching and breathing exercises that help you to improve.

## Duncan Harte & Darcy Drobena,

Praxis Centre, Kelowna • 250-860-5686  
praxiscentre@shaw.ca

Duncan and Darcy are enthusiastic teachers working together since 1997. Their experience includes a pilgrimage through Asia, graduate study in Berkeley, California and working closely with Langara College and the First United Church in Kelowna. They operate Praxis Spiritual Center, a sacred space where students experience energy-based meditation, healing and aura reading.



Workshop #46 Saturday afternoon 3 hours

### Spiritual Awareness and Meditation

Experience yourself as spirit. Explore key tools such as centering, grounding, the aura/personal space. These tools form the foundation for daily meditation practice and support spiritual awareness in everyday life.

## Jean Shelemey

Vancouver • 604-739-0070  
metaje@telus.net

Jean is a wellness teacher, alternative healer and intuitive counsellor. She has taught across Canada for the last eleven years. This includes courses in shamanism, meditation, intuition development, manifestation, health, empowerment, cancer healing techniques and dream interpretation. She has taught corporate wellness courses to TransCanada Pipelines, ICBC, and CSNN.



Workshop #47 Saturday afternoon 3 hours

### Our Empowering Dreams

Dreams are messages from your unconscious or internal knowingness. Find out the purpose of dreaming and get guidance on how to recall and interpret dreams to improve your physical, emotional and spiritual well-being.

Workshop #48 Sunday afternoon 2 hours

### Spiritual Meaning of Disease and Healing Visualization Meditation

Disease is a manifestation of life showing a need to change, and providing opportunities for soul growth. Learn how negative emotions and emotional blocks create physical disease. A visualization meditation is provided to promote healing and physical wellness and to clear negativity.

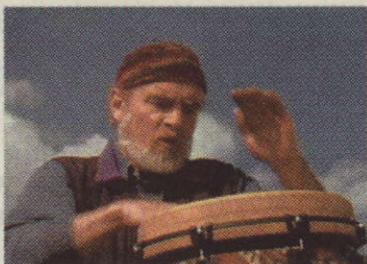
Workshop #49 Saturday afternoon 1.5 or 3 hours

Workshop #50 Saturday evening 2 hours

### 'Pauly'rhythms Drum Workshop

We will play with time, the time between beats. Each drummer will add their beats in time, their unique voice to the synchronicity of the circle. Rhythms from various sources will be our foundation, while the emphasis will be on supportive and respectful drum communication. This gathering will guide and motivate. Bring your smile and your drum. Some drums will be provided. Let's have a bang up good time.

**Saturday afternoon class you have a choice take either 1.5 or 3 hours.**



**Paul Langlois • Vernon • 250-545-0474**

Paul is the drum!! The drum is Paul!! Mom's pots and pans, dad's wrenches, the wheelbarrow.....it manifested early.....in Grade 3 it got him suspended from school; the table, a lamp post, the sink, all are drums when Paul is there. His formal drumming includes an apprenticeship with Egyptian tabla master Adel Awad, and head percussionist and professor of music, Bruce Landmark. He has taken workshops with Gordy Ryan, David Thiaw, Russel Sumski, Brad Dutz, Dave Darby, and Ray Rothschild. Currently, Paul teaches privately, is a session musician, and performs live. He loves to play for dancers and is always open to drumming solo. Paul's soul soars through the drum.

Workshop #51 Saturday evening 2 hours

### Meditation/Chant with a Rosary

Come and experience the tactile use of beads combined with chanting to deepen your meditation. Alleviate fragmentation, and become deeply centered in the ground of our being, through chant.

Workshop #52 Sunday afternoon 2 hours

### Labyrinth - a Walk with the Ancients

Labyrinth walking is over 4000 years old and the Chartes labyrinth is one of the most beloved formats. Learn some history of labyrinths and experiment with the many ways to walk and gain wisdom from it.



**Flo Masson**

**Winfield, BC • 250-766-5333**

**massf@axion.net**

Flo Masson is a grandmother, with a master's degree in theology from Vancouver School of Theology and a certificate in spiritual direction from the Pacific Jubilee program. As director of the Emmanuella House of Prayer, Flo leads retreats, does spiritual direction and teaches meditation.

**SUNRISE CEREMONIES with Flo, SATURDAY mornings at 6:45 am in South Wing Sunrise Guided Meditation... To calm our bodies and minds in preparation for the day.**

Workshop #53 Saturday evening 2 hours

### Through Enlightenment and Beyond

There must come a time when the discussion about the ascension process will cease and some one will step forward who sees the path. I believe one of those people to be me. We will look at the creative-evolutionary process 'before' it happens, and realize it is a choice - that it will not happen to us - we must choose it for ourselves and we can choose it now.



**Clayton Truman**

**250-770-2284**

**evolvingnow1@yahoo.com**

Clayton believes he experienced 80% ascension before opting out of the process due to his then ignorance of the true nature of reality. He now sees a path to ascension, and then to the critical mass necessary to complete the shift on Earth. Having a background in science coupled with his spiritual experience he believes that science and spirituality are speaking the same language.

**Extra ....SUNRISE CEREMONIES with Susan Oliver and Michele Matthews at 6:45 am**



### Sunrise Yoga

Greet the day, awaken your spine and open your heart.

with Susan Oliver  
Sunday Morning  
in South Wing

### Create Your Day!

An amazing CD that uses a combination of meditation, affirmations, whatever, all wrapped up into a lazy man's easy way...

Michele Matthews enjoys this CD so much that she wishes to share it with all who will come to this Sunrise Ceremony.

Both mornings in lower Alberta Hall.



plus meals and accommodation for the weekend

# REGISTRATION FORM

## Spring Festival of Awareness, April 22, 23 & 24, 2005

On site registration starts Friday the 22<sup>nd</sup> at 1:30 pm. Opening Ceremonies at 7 pm

Name 1 \_\_\_\_\_ Name 2 \_\_\_\_\_

Address \_\_\_\_\_ Address # 2 \_\_\_\_\_

Town \_\_\_\_\_ Prov. \_\_\_\_\_ Code \_\_\_\_\_ Town #2 \_\_\_\_\_ Prov. \_\_\_\_\_ Code \_\_\_\_\_

Phone \_\_\_\_\_ email \_\_\_\_\_

### FESTIVAL FEES

		Weekend	Saturday only	Sunday only
ADULTS	on or before March 20 <sup>th</sup>	\$ 145	\$ 100	\$ 55
	March 20 <sup>th</sup> —April 15 <sup>th</sup>	\$ 165	\$ 115	\$ 65
	April 15 <sup>th</sup> and on site registration	\$ 175	\$ 125	\$ 70
SENIORS 65 yrs+ & Teens (13-19)	on or before March 20 <sup>th</sup>	\$ 120	\$ 80	\$ 45
	March 20 <sup>th</sup> —April 15 <sup>th</sup>	\$ 140	\$ 95	\$ 55
	April 15 <sup>th</sup> and on site registration	\$ 150	\$ 105	\$ 60

**Registration Totals**.... Please register early if you wish to stay on site

### Festival Fees

\_\_\_ Adults @ \_\_\_\_\_ = \$ \_\_\_\_\_  
\_\_\_ Teens/Seniors @ \_\_\_\_\_ = \$ \_\_\_\_\_

\*Meals (from other side) Breakfast 7:30am, Lunch 12noon, Dinner 5:15 pm \$ \_\_\_\_\_

\*\*Accommodation (from other side) ..... \$ \_\_\_\_\_

Subtotal \$ \_\_\_\_\_

add 7% GST \$ \_\_\_\_\_

Grand Total \$ \_\_\_\_\_

Amount enclosed \$ \_\_\_\_\_ (50% deposit required)

Balance ... payable at the door \$ \_\_\_\_\_

Refunds (less \$25) require a written or faxed request received by April 6 and will be processed after the event.

We prefer that participants register by completing this form and sending a cheque to:

**Visions Unlimited, Spring Festival: RR 1, Site 4, C 31, Kaslo, BC VOG 1M0**

We do not mail receipts. If you need confirmation please give us time to process the form and then call the number below.

If paying by credit card you may register by phone or fax at the numbers below or email: [angele@issuesmagazine.net](mailto:angele@issuesmagazine.net)

**250-366-0038 or 1-888-756-9929 or ... fax 250-366-4171**

or register online at [www.issuesmagazine.net](http://www.issuesmagazine.net)

# MEALS....Please preorder by APRIL 6

## Meal packages

- 1) 6 meals • Fri dinner to Sun lunch \$68.00 \_\_\_\_\_  
 2) 5 meals • Sat break to Sun lunch \$52.00 \_\_\_\_\_

or select the ones you want... →

Meal Service Times - the kitchen stays open for one hour.  
 Breakfast at 7:30 am • lunch at 12 noon • dinner at 5:15 pm

Please circle if you have a preference for ...

**NO DAIRY    NO WHEAT    NO FISH**

## INDIVIDUAL MEALS

Fri. Dinner	\$ 16.00	_____
Sat. Breakfast	\$ 8.50	_____
Sat. Lunch	\$ 9.50	_____
Sat. Dinner	\$16.00	_____
Sun. Breakfast	\$ 8.50	_____
Sun. Lunch	\$ 9.50	_____

Meals Total \$

\$

Please enter  
\$ on other side

Meals include soup, salad, entree and dessert, plus coffee and tea, juice or milk.

All meals are vegetarian except Saturday dinner option of fish.

When being served please let the server know if you requested NO DAIRY, NO WHEAT or NO FISH

**Please order meals by April 6.** This really helps make our job easier. Only if there are last minute cancellations will we have onsite meals available. There is one restaurant off site nearby. Please bring a travelling mug for refreshment breaks.

## ACCOMMODATION ....Check out time is 12 noon - Sunday.

All late check outs will be charged for a half day stay.

Please check your choice, descriptions below, then fill it in on the bottom line

- Maple Court      Private \$60, 2 nights \$120 • Shared \$40 per night, \$75 for 2 nights
- Alberta Hall      Private \$40, 2 nights \$80 • Shared \$30 each, \$55 for 2 nights (2 women only per room)
- Cabins              Shared \$40 each, \$75 for 2 nights (3 to 5 people in a cabin)
- R.V. Space        \$ 21.00 per night .. includes electrical hook-up
- Tent                \$ 17.00 per night .. no power

*R.V. & tent spaces have a central bathroom with shower and a picnic area.*

- or rent your own space by phoning these local Motels:      **B.C. Motel (250) 496-5482**  
 both located nearby, 3 blocks off site                              **Village Motel (250) 496-5535**

**Maple Court** and **Alberta Hall** have no cooking facilities. Maple Court has one double bed, one single bed and a bathroom. **Cabins** are spread around the site, each have a kitchen and bathroom, double and single beds and hideabeds (depending on the size of the cabin). **Alberta Hall** is a two floor dorm with 2 single beds to a room and a large bathroom on each floor.

**Bedding and towels are included in the price.**

Accommodation spaces fill quickly and are on a first come, first serve basis. If you want a specific lodging, please register early and ask—we'll try. We will notify you if your request is not available. Some spaces are available for pre/post festival stays, please let us know if you plan to stay extra nights.

Preferred accommodation \_\_\_\_\_

\$

Please transfer the food and accommodation costs to the other side of this form.

**CHECK OUT TIME IS 12 NOON SUNDAY**  
**LATES WILL BE CHARGED FOR HALF DAY STAY**

**Naramata Centre requests.... Please NO pets on site and DO NOT call Naramata Centre to register** 14