

# Spring Festival of Awareness

Naramata Centre

near Penticton

April  
26-28

Adults \$150

Seniors/Young People \$125  
if registered before March 20

Over 50 Workshops

Opening and Closing Ceremonies

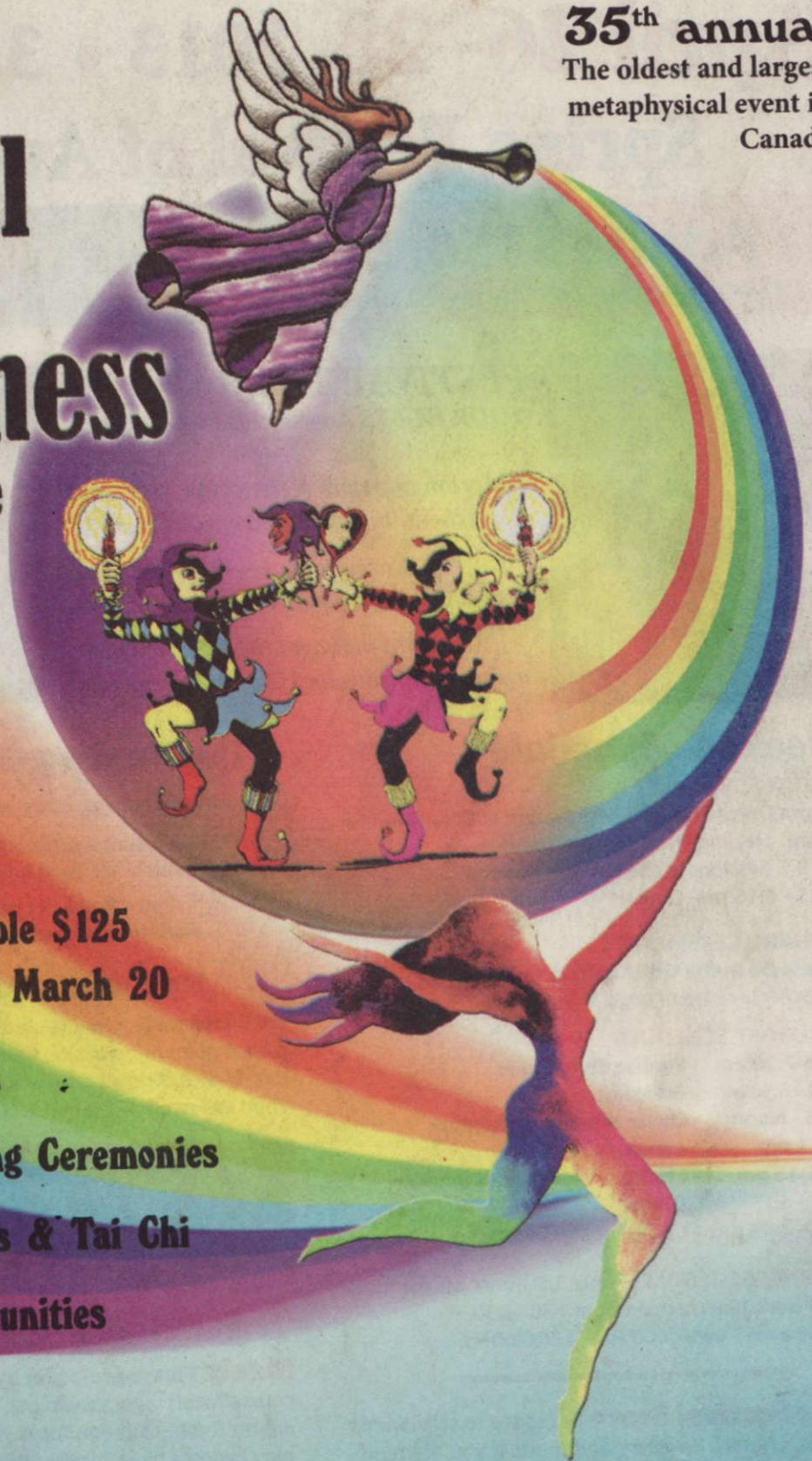
Sunrise Meditations & Tai Chi

Networking Opportunities

A Healing Oasis

A Festival Store & more

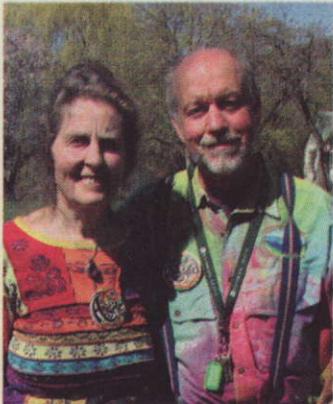
**35<sup>th</sup> annual**  
The oldest and largest  
metaphysical event in  
Canada



[www.issuesmagazine.net](http://www.issuesmagazine.net)

# April 26- 28, 2013 • 35<sup>th</sup> Annual Spring Festival of Awareness

**Adults \$150, Seniors/Young People \$125**  
if registered before March 20 plus meals and accommodations, **DETAILS PAGE 14.**



## FESTIVAL TEAM

*YOUR HOSTS Angèle and Richard (left)*

*Marion manages registration, store and scheduling of volunteers and healers.*

*Karen prepares the Great Hall, coordinates ceremonies and entertainment.*

*Sunnaira manages the Healing Oasis, assists in Opening and Closing Ceremonies.*



*Marion, Karen and Sunnaira*

## Weekend Schedule

### FRIDAY SCHEDULE

- 12 pm** On-site Festival Registration at Columbia Hall
- 1 pm** Healing Oasis sign-up starts
- 2 - 5** Sessions in the Healing Oasis
- 5:15 - 6:15 pm** Dinner

### OPENING CEREMONIES

**Please be in the GREAT HALL at 7 pm**  
*See schedule - top of page 3*

### SATURDAY SCHEDULE

- 6:45-7:30 am** • Sunrise Ceremonies
- 7:30 - 8:30 am** Breakfast
- 8:45 - Noon** • Choice of eleven workshops
- 12 - 1 pm** Lunch
- 2 - 5:15 pm** • Choice of eleven workshops
- 5:15 - 6:15** Dinner
- 6:45 - 8:45 pm** • Choice of eight workshops

**SUNDAY SCHEDULE** - only 1.5 hours off for lunch then workshops happen from 1:30 - 3:30.

**3:45 to 4:15 pm... CLOSING CEREMONY.**

**The Festival Store** has space to sell various crafts, crystals, jewellery and more. If you are registered as a participant, instructor or healer you can apply for space. Go to the website or ask Marion for details. Items must be left in the store till it closes at 2 pm on Sunday. We will deduct a 15% commission on the items sold.

## The Healing Oasis *is in Lower McLaren Hall.*

Intuitive Readings, Body-work, Energy-work, Reiki and more

Sign-up starts at 1 pm on Friday - Sessions are 2 to 5 pm  
Saturday sessions are 10:30 to 9 pm & Sunday sessions 8:30 am to 3 pm

Rate of \$25 per half hour and \$40 per hour.  
*Reiki drop-in sessions all weekend, by donation.*

### If you wish to work in the Healing Oasis

We offer a trade: 6 hours of healing sessions for a weekend pass. please go to our website: [www.issuesmagazine.net](http://www.issuesmagazine.net) it has details including a page with *frequently asked questions*. Then call or email Marion.... Marion@issuesmagazine.net

**Phone Marion: 250-497-6861 for  
Registration, Festival Store and Healing Oasis**

**General questions call Angele 1-855-366-0038**

**Accommodation** is on a first come basis. See page 14.

**Meals** Please pre-order by April 5 • Naramata Centre offers full course meals with a salad bar, beverages and desserts. Meal prices are on the registration form. If we have cancellations, a few meals may become available on-site.

**Refreshment Stations** provide herbal teas and organic apple juice so please a **bring a travel mug**. There are no cups unless you bring one!

**Give-Away Table** - Share valued items with another.  
*(No used clothes please.)*



# OPENING CEREMONIES

- 7 pm - Miriam from Kelowna will share interactive and inspired Sufi songs and dances. Brenda White Dove will share traditional drumming and a song .. *then we get our chairs.*
- 7:45 - Greeting from your hosts, then introduction of the 33 instructors.
- 9 pm - Uplifting sounds by Therese and friends, offering to still you for a good nights rest.

## WORKSHOPS & WORKSHOP LEADERS

The workshop numbers correspond to the numbers on the overall schedule

Workshop #01 Saturday afternoon 3 hours

### Ignite Your 6<sup>th</sup> Sense

Learn about this non-rational instinctive knowing that provides you with inner guidance, greater intelligence and wisdom through heart consciousness as we share stories, synchronicities, insights and techniques to:

- Enhance and trust your intuition
- Make empowering decisions
- Gain confidence and self-esteem
- Achieve clarity and set boundaries



HANELLORE

Vancouver, BC and Hawaii  
604 926-4988 • [www.Hannelore.ca](http://www.Hannelore.ca)  
[www.CommuningWithDolphins.com](http://www.CommuningWithDolphins.com)

For the past twenty-five years, Hannelore has dedicated her life to helping others awaken to their full potential. She considers herself a 'story teller' as she shares from her heart some personal experiences. She provides practical tools that make a difference and support people in their lives. Her greatest joy are seeing the transformations that take place, and spending time swimming with the dolphins.

Workshop #02 Sunday afternoon 2 hours

### Mirrors of Relationships

Everything we need to know or understand about ourselves is "mirrored" to us by the people, places and events that occur in our lives. To understand the concept of Mirrors we will explore the dynamics of these relationships and situations. You will gain control of your life rather than life controlling you.

Workshop #03 Saturday afternoon 3 hours

### Understanding and Practicing Unconditional Love

Participants will learn about defining and practicing unconditional love. Cindy uses examples from her life and from Don Miguel Ruiz's *Mastery of Love* and allows the Creator's healing energy to flow through her words and spirit.



CINDY CHARLEYBOY

Williams Lake, BC • 250 305-7032

Also named Gentle Stormwalker Woman, Cindy is First Nations from BC; she is Tsilhqot'in (Chilcotin), Secwepemc (Shuswap) and Norwegian. Cindy empowers others to recognize their gifts to create positive change and live a better life. She practices traditional and contemporary Native ceremonies, has a Master Level Reiki and a personal relationship with the Creator.

*Cindy is working in the Healing Oasis for 3 hours.*

Workshop #04 Sunday morning 3 hours

### Mindfulness and Intimacy (for Women only)

In a sacred a circle of women, explore tools for cultivating deeper intimacy in your relationships, beginning with yourself. Through body-based meditation, artistic and emotional expression and creative activities, connect with your deeper knowing, awaken to unconscious patterning, and learn to let go of behaviours that no longer serve you.

When we learn to clearly and cleanly express our emotions without blame, we experience the joy of awakening to a new, more intimate relationship to self and others. Renew your sense of aliveness with fresh insights into yourself and the discovery of personal change. This work is grounded and practical for real life in the everyday world.



NANCY MORTIFEE

Vancouver, BC • 604 266-6785  
[www.mortifeetraining.com](http://www.mortifeetraining.com)

Nancy (Fischer) Mortiffee's eclectic practice embraces elements of emotional body work, cognitive based therapies and gestalt. She specializes in women, couples and groups. "Through sensitive and gentle exploration I help women chip away at some of the defence patterns and life-limiting attitudes that keep them from fully expressing who they are."

**SUNRISE CEREMONIES with Nancy: BOTH mornings at 6:45 am in the SOUTH WING.**

**3 Awakening the Heart - a guided heart opening meditation with song and movement. MEN MOST WELCOME**

## DETLEF JOE FRIEDE

Parksville, BC • 250 248-9297

[www.canadianhypnotherapyassociation.ca](http://www.canadianhypnotherapyassociation.ca)

[www.gobc.ca/joefriede](http://www.gobc.ca/joefriede)

Detlef is a Certified Master Clinical Hypnotherapist, gifted and guided Quantum Healing practitioner including CCMBA and Ho'oponopono. Lifetime clairaudient and clairvoyant, he studied with members of the Great White Brotherhood, world renowned Dr. Sharon Forrest and Christine Kollofrath. He is president of the *Canadian Hypnotherapist Association* (CHA) and Founder of *Oceanside Art of Hypnosis and Energy Healing Education Centre*. He holds a second degree black belt in Martial Arts (Ju Jutsu) and is a professional trumpet player, musician and recording artist.



Workshop # **05** Saturday evening 2 hours

### Bullying in Today's Society

Bullying is everywhere and there is help. I will combine hypnotic and mental preparation techniques while using German Ju Jutsu Systems and Martial Art training curricula to stop the cycle by empowering people.

Workshop # **06** Sunday morning 3 hours

### The Secret of Energetic Surgery

The mind is a garden and your thoughts and beliefs are its seed. You can choose to grow pretty flowers and useful herbs, but if you stay unconscious you might grow weeds. In this hands-on presentation I will demonstrate removal of the cause of pain, while integrating various healing modalities such as CCMBA, *Complete Cellular Mind Body Alignment* while connecting to the Quantum Field. If you can see energy fields and auras you will love this part.

## LYNN ANDERSEN

Oliver, BC • 250 498-4855

[www.feldenkrais.com](http://www.feldenkrais.com)

Lynn is a Guild Certified Feldenkrais Teacher\* and has Somatic Experiencing® Trauma training at the Intermediate Level. Her gifts are her ability to sense the subtle and to connect what appears to be unrelated. She reads and supports the nervous system to help her clients create physical, mental and emotional wellness.



Workshop # **07** Saturday afternoon 3 hours

### Building Awareness

Learn how to expand and refine your awareness by exploring movement. Practice sensing the subtle and connect with your body's wisdom. Increase your mobility, vitality and tranquility all in one workshop.

*Wear clothes that allow movement, layers help to regulate body temperature so bring what you need to be comfortable laying on the floor (ie. blanket, pillow).*

*Lynn is working in the Healing Oasis for 3 hours.*

## NORMA COWIE

Penticton, BC • 250 490-0654

[www.normacowie.com](http://www.normacowie.com)

Norma Cowie has been a student of metaphysics for over 40 years. As a working psychic consultant, coach and teacher, Norma utilizes all her knowledge in everything she does. She is the author of eight books, CDs and DVDs. Her workshops are always informative and interesting.



Workshop # **08** Saturday morning 3 hours

### Past Life Regression

Hear how important Past Lives are in relation to your life now. Visit at least one or two past lives and transform your blocks so your life today can be much more enjoyable.

Workshop # **09** Saturday evening 2 hours

### Metaphysical Discussion

Metaphysics is a broad subject. Norma will moderate and facilitate answers to questions you have wanted to know. Whether it is about ghosts, psychic development or spiritual evolution, come share your questions and hear what others have to say.

## THERESE LaFORGE

Kamloops, BC • 778 471-5598

Therese is an active student of sound as an agent of change in our living bodies. She has been playing the bowls for over twenty years and continues to discover their potency as a way to enhance the body/mind/spirit connection. Therese hosts Full and New Moon meditations in Kamloops.



Workshop # **10** Sunday morning 3 hours

### Restorative Alchemic Sounds

Using frosted, clear and alchemic crystal singing bowls, we will visit the chakras surrounding the heart and move outward. Dress comfortably and be prepared to relax deeply into the transformative sounds.

*Bring your blankie and water bottle.*

**SUNRISE CEREMONIES with Therese: SUNDAY morning 6:45 am in the NORTH WING.**

**A CRYSTAL BOWLS SOUND BATH • A wash of chakra tones and a splash of percussion instruments to tingle you awake. Bring your water bottle and blankie.**

Workshop #11 Saturday morning 3 hours

## CCMBA - Complete Cellular Mind Body Alignment

If you are a healer or in need of healing, this is one of the best gifts you can give yourself. Here's your chance not only to witness miracles; perhaps experience one! Experience the Law of Grace, which takes precedence over the Law of Karma.

Workshop #12 Saturday afternoon 3 hours

## Prenatal Suffocation Syndrome Technique

Caused by oxygen deprivation during the gestation time in the womb. When a mother feels scared she instinctively holds her breath and creates core beliefs in the womb that run our lives. This ground-breaking protocol simply cannot be described and MUST be experienced.



**DR. SHARON FORREST**

Surrey, BC • 604 385-1111

[www.healingnow.com](http://www.healingnow.com)

Doctor of Homeopathic and Naturopathic Medicine, Transformational Psychology and Clinical Hypnotherapy with an extensive background in Ancient Wisdom, Spiritual Alchemy, Hands-on Healing and Nutrition. A pioneer in the field of healing degenerative diseases for forty years, she continues to prove that Energy Medicine is well on its way to being the medicine of the future. Dr. Forrest has numerous programs for 'Street Children' and the underprivileged in Peru.

Workshop #13 Saturday morning 3 hours

Workshop #14 Sunday morning 3 hours

## Soul Development 101

A look at the philosophy of Earth being a school for the soul. Topics such as: Order of Life Lessons, Purpose of Reincarnation, the Bardo, Quietism, Purpose of the Energy Field, Boundaries and so much more.



**MELONIE OLD**

Calgary, AB • 403 289-4142

Melonie became a professional member of the International Association of Specialized Kinesiologists in 1991. She maintains a private practice in Western Canada. Over her twenty-five year career she has worked and taught seminars in many countries including China and Kasakstahn.

Workshop #15 Saturday morning 3 hours

Workshop #16 Sunday afternoon 2 hours

## Understanding the Emotional Component of Disease

This is an introduction to German New Medicine which proves scientifically that cancer is a meaningful "Biological Program" of nature, designed to assist an organism (humans and animals alike) in resolving an emotional trauma. This knowledge is the basis of genuine HOPE explaining cancer, heart disease, mental disorders, chronic disease, and more ... this is essential knowledge for both the consumer and the provider of all health and wellness services and products.



**JOHN THEOBALD**

Vancouver, BC • 604 753-9146

[www.learninggnm.com](http://www.learninggnm.com)

After university, John spent ten years selling medical equipment. This exposure to modern medicine provided insights that convinced him of the importance of staying healthy and motivated him to learn more about natural and alternative approaches to wellness. By the time John discovered the work of Dr. R G Hamer MD, he had a broad understanding of wellness that differed from the conventional view. Finding German New Medicine revolutionized his thinking. He has been studying GNM with Caroline Markolin, Ph.D. since 2006.

Workshop # 17 Saturday evening 2 hours

## Drumming and Songs

The heartbeat of the drum is the heartbeat of the people. Drums are the oldest living instruments and their vibration helps us tune into the natural frequency of the earth. The drum combines animal and plant life to make an instrument that rings not only through the air, but across time. All the elements of Nature are used in the creation of the drum, representing the circle of life in all its aspects. Our songs hold the stories of our past and the visions for our future. The drum is the instrument that we use to connect with our ancestors as we call on them for guidance in practicing our Indigenous ways of life.



**BRENDA WHITE DOVE**

Penticton, BC • 778 476-4103

A Turtle Clan and Eagle Warrior, she shares teachings of Truth and Love; what we are brought into the world with; and why we should live in peace and harmony with all of our sisters and brothers. She is a traditional healer and medium who has been involved in many ceremonies in different communities across Canada and the U.S.. She brings her ancestors to meet with your ancestors so change and healing can be guided by spirit.

**COLETTE STEFAN**  
Regina, SK • 306 584-9135  
www.crystallinevision.com

The Yuen Method™ has empowered me in every area of my life! It is my pleasure to share the work of Grandmaster of Kung Fu, Dr. Kam Yuen. My pursuit for excellence has led me to also study with founder of Australasian Institute of Body/Mind Analysis and Psychosomatic Therapy, Hermann Mueller and Cosmologist/Inventor, Nassim Hamein as an Emissary of The Resonance Project Foundation.



Workshop #18 Saturday evening 2 hours

### Introduction to the Yuen Method™

A demonstration of this innovative hands-off, energetic method developed by Grandmaster of Kung Fu, Dr. Kam Yuen. Humans are multi-faceted beings, we function at multiple levels of influences and the causes for dis-ease are unique.

Workshop #19 Sunday morning 3 hours

### The Basic Yuen Method™

Learn to apply the underlying principles and fundamental techniques of the Yuen Method as we connect with other participants and practice pinpointing the root cause of energetic weaknesses, using our mind's full potential.

**MICHELLE MORRISON**  
Kamloops, BC • 250 682-8176  
www.thebalancedsoul.com

Michelle is an Intuitive, Medium, Reiki Master Teacher, Shamanic Practitioner, Speaker, Writer and a student of A Course in Miracles. About 15 years ago, she received her first ever Intuitive Reading and felt as if she been awakened and began to truly understand "sight" and sensitivity. Two years ago she decided to take a leap of faith and do what she loved full time, bringing forward beautiful and positive messages that support one's authenticity and purpose.



Workshop # 20 Sunday morning 3 hours

### The Sacred Mandala

Explore life in a beautiful, creative and artistic way, while making gentle and empowering shifts. Time will be spent outdoors gathering elements of nature. The Mandala is a Shamanic tradition that will help tap into your authenticity, bringing you clarity about where you are in your life and where you truly want to go. Experiential and empowering as we connect with the earth, your higher self and your healed state.

*Michelle is working in the Healing Oasis for 3 hours.*

**SANA SHANTI**  
Nelson, BC • 250 354-4114

Sana's background is primarily in Tai chi and Qigong – she travels to many diversified groups, focusing on integrating these principles into their bodies and lives, regardless of whether they are practitioners or not. She also trained in body and energy work and has studied different therapies and philosophies over the years. She combined all of her studies into a Body-Based Transformational Training that focuses on health, peace and well-being.



Workshop #21 Saturday morning 3 hours

Workshop #22 Sunday afternoon 2 hours

### Learning to Let Go

Using Tai chi principles of structural integrity, relaxation and centering we explore the physical process of letting go. As we learn to let go of physical tension and old holding patterns we open the door for internal resolution of emotional and mental patterns of rigidity. We learn to trust and enjoy the gifts of surrender, embodying deeper levels of peace and over-all health and well-being - physically, emotionally, mentally and spiritually.

**NATALIA KAWATSKI**  
Whistler, BC • 604 905-0084  
www.theoracle.ca/psychic-readings

Natalia is an internationally-collected visual artist and a professional psychic intuitive practising at The Oracle in Whistler. Her creative workshops typically blend spirit with matter, helping students to connect to their center and express from the heart. She is a Reiki Master in the Usui lineage, a graduate of the West Coast School of Mystic Arts.



Workshop #23 Saturday morning 3 hours

### Motivational Mandala Painting

In a simple, guided process, focus your goals into a colourful creation. Connect to your inner wisdom through meditation and unleash your inspiration. Bring your vision forth into form through the sacred process of mandala painting, a unique design to motivate you daily. No previous experience required. All materials provided.

**SUNRISE CEREMONIES with Natalia: BOTH mornings at 6:45 am in the LOWER ALBERTA HALL.**  
Healing Circle Meditation • Clear, energize, and connect to radiate love to other beings, issues, and the earth.

Workshop #24 Saturday evening 2 hours

### "Happy Feet" Foot Massage

Oooh! Ahhh! Experience and learn this deluxe 15-minute foot massage - good for all ages and health conditions - using various reflexology and healing techniques for relaxation and rejuvenation. Manual provided. You'll be walking on air! *Bring cushion and towel.*

Workshop #25 Sunday afternoon 2 hours

### Intuitive Writing for your Heart

Be it song, poetry or prose; let the Muse flow through you as you create a work to inspire yourself and others. Visualization, discussion, writing, and a few songs to set the energy. *No previous writing or musical experience required.*



**ROSEMARY PHILLIPS**  
Christina Lake, BC • 250-447-9713  
[www.rosemaryphillips.ca](http://www.rosemaryphillips.ca)

A freelance writer/author, clairvoyant medium, healer, artist and singer, Rosemary trained as a reflexologist (1982) and instructor (1984) with the late Yvette Eastman; was the designer/illustrator for "Touchpoint Reflexology - The First Steps"; and her children's story/song "One Seed" is now viewed and presented in schools around the world.

Workshop # 26 Saturday morning 3 hours

### Akashic Emotional Clearing

Laurie will be sharing where emotions start in the body and how the unconscious mind can find the first experience of that emotion. We will learn how to release that emotion all the way up to the present.

Workshop # 27 Sunday afternoon 2 hours

### Awakening the Illuminated Heart

Laurie will share how to breathe prana, connecting to Mother Earth and Father Sky through the Unity Breath. She will take you on a journey to the Sacred Space of the Heart.



**LAURIE CORNELL**  
Surrey, BC • 604 531-5156  
[www.morningstartransformations.com](http://www.morningstartransformations.com)

Laurie has been a facilitator of healing since the mid 1990's and has studied NLP, Hypnotherapy, Timeline Therapy, Neurolink, Reiki, Huna, Lomilomi and deep tissue structural realignment massage. She has been a Sundancer since 2003. Laurie was in the first class of teachers that Drunvalo taught, in which the Mer Ka Ba was activated from the Heart.

Workshop #28 Sunday morning 3 hours

### Finding your Wise Guide with Tarot

Together we will explore the power and possibilities of this ancient sacred system. Gain new self-awareness and understanding, and allow your wise guide within to shine! If you have a Tarot deck, please bring it along. There will be a few extra. All levels welcome.

*Ashley is working in the Healing Oasis for 3 hours*



**ASHLEY HAIN**  
Kaslo, BC • 250 792-2112

Ashley has been practicing in the healing arts field for seven years. Her approach is heart-centered and engaging, naturally inspiring people to make positive life changes. As a Tarot Consultant, she draws on knowledge and experience in various disciplines to meet people's needs in the moment. Her specialty is in creating custom-tailored tarot spreads.

Workshop #29 Saturday afternoon 3 hours

### Introduction to Tantra

Explore the ancient art of connecting and exploring with one's higher self through the window of another. This tactile, and experiential approach to tantra and sacred union introduces energetic relationship. Osho's 'approach' to tantra and communicative techniques will help deepen all relationships and will move you to a new level of awareness through "play" with others. Investigate boundaries, your body, and test your openness while learning authentic ways of listening and receiving.



**SATYAMA LASBY**  
Vernon, BC • 250 545-4774  
[www.opentobliss.com](http://www.opentobliss.com)

Trained in the discipline of tantra since 2003, Satyama studied under Margot Anand, Swami Vivekananda and David Deida. She offers instruction in meditation and has taught specialized yoga classes for the past 12 years. Her wish is to share her experiences as she learns to grow her relationships and live a more loving and present life.

**SUNRISE CEREMONIES with Satyama: BOTH mornings at 6:45 am in the LOFT.**

**7 YOGA • Centre, breathe, move into unique asana with varying lengths of holds as you flow into your day of bliss.**

**KALAWNA BIGGS**  
Roberts Creek, BC • 604 886-3536  
www.kalawna.com

Kalawna is a hereditary Psychic, Spiritual Healer and a Master Hypnotherapist who has worked in her field professionally for over 26 years. She connects individuals back to their soul purpose and holds a space for spiritual awakening.



Workshop # 30 Saturday afternoon 3 hours

### Medical Intuition

Learn how to read people and their inner organs quickly and easily. My format is so simple that one can see into a person's aura and/or physical bodies without any intuition at all. You will be amazed at what you can see without actually seeing.

*Kalawna is working in the Healing Oasis for 3 hours.*

**JANET PEARSON**  
Kaslo, BC • 250 353-7170  
www.nourishcleansing.com

Janet is a Master Herbalist, Certified Colon Hydrotherapist and Certified Iridologist, specializing in intestinal cleansing. She has 15 years of experience with growing her own food, doing all sorts of body cleansing and rediscovering how to prepare natural foods to optimize their nutritional effect.

Janet just published her book, *Legend That You Are*, encompassing her years of deep soul searching, connection with the wisdom of nature, dedication to finding a way into her personal truth and belief in the power of love and gratitude.



Workshop # 31 Saturday evening 2 hours

### Nourishing the Divine Temple

An introduction to how what we eat affects every aspect of our being and how we can change some key aspects of our diet to improve our overall quality of life.

Workshop # 32 Sunday afternoon 2 hours

### Legend that You Are

Now is the time to re-create the story of your life. An experiential workshop using personal inquiry, belief re-patterning and visualization to connect with the deeper parts of ourselves that have the power to create change in our lives.

**LEAH SINCLAIRE**  
Calgary, AB • 403 819-2312  
www.quantumnumerology.com

Leah became fascinated with numerology in 1998, when she studied under Clayne Conings, a philosopher of the Kabalarian wisdom. She continued with five years of personal study before founding Quantum Numerology Inc., an internet consulting business. She discovered there is a 'quantum field' that is governed by simple math. Leah provides consultations and is coauthor of *Manifest Success: Momentum, Miracles and Motivation*.



Workshop #33 Saturday morning 3 hours

### Analyze your Birth Chart

Have numbers always held a fascination for you? What's your purpose? Will you ever meet your soul mate? Enter the magical, fascinating world of numbers! Join Leah for a lively, learning experience where she shows you hidden pearls using your name and birthday. Discover the magic of numbers and how they can change your life!

Workshop #34 Sunday morning 3 hours

### Analyze your Name

What does your name mean? What destiny does your name give you? Your children? When you married you changed your destiny! Introducing 'Name Analysis' and the secrets to success using numbers.

**HAJIME NAKA**  
Kelowna, BC • 250 762-5982

'Ph.Qi' is a Master of Relaxation and Qi-play. Hajime has been healing, empowering, and liberating society one cell at a time for thirty years and counting. He was a double gold medalist at the Canadian Chinese Martial Arts Championships in 1999.



Workshop #35 Saturday afternoon 3 hours

### Moving into Wholeness

Qigong-Tai Chi will guide you back to your naturally aligned, centered and balanced state by quieting the mind and listening to the wisdom of the body, you will experience your body, heart-mind and spirit moving into wholeness. You will feel rejuvenated and relaxed.

**SUNRISE CEREMONIES with Hajime: BOTH mornings at 6:45 am in the GREAT HALL.**

**QI GONG - TAI CHI • Start your day in harmony with nature and you will have a Qi-full day.**

Workshop #36 Saturday morning 3 hours

### Your Passion, Your Business

Are you ready to create a business from your passion? Do you feel called to live and work with purpose? Are you looking for practical and ethical tools to build and maintain your successful practice?

*Topics include:* Marketing, Branding, Financials, Pitfalls, Competition, Social Media, Gaining and Maintaining clients and customers.

Do what you love – and love what you do.

Based on Kelly's book *Your Passion, Your Business*



**KELLY OSWALD**

Whistler, BC • 604 905-0084

[www.theoracle.ca](http://www.theoracle.ca)

An entrepreneur since 1985, Kelly's careers encompass Marketing, Education, the Wellness Industry and more. She is a writer, business operator, consultant and teacher of personal and spiritual development. Her published works include *Your Passion, Your Business*, the *Buddha Nature Deck & Guidebook*, and *Be The Change Cards* (co-authored).

She also gives back to the community and is a mentor for the Canadian Youth Business Foundation, sharing both her successes and failures to assist young people on their journey to entrepreneurship. She has been the driving force behind numerous fundraising projects.

Workshop #37 Saturday evening 2 hours

### Palmistry 101

An experiential workshop that shows the potential at your finger tips! This hands-on class explores hand shape and the major lines that offer insight to your personality and offer you a glimpse into the character of anyone you form relationships with. You'll come away with a greater understanding of yourself and others.

Workshop #38 Saturday afternoon 3 hours

### Sustainability, Ahimsa, Asteya and the Shelters we choose to Live in

Can we build with materials that don't pollute rivers and erode top-soils? An opening meditation revealing the shift from intellectual to experiential thinking, an explanation, a slide show, a discussion and a demonstration of natural building and 100-mile homes.



**MICHAEL HOLLIHN**

Midway, BC • 250 449-2232

[www.pranatimberframes.com](http://www.pranatimberframes.com)

Michael spent years studying food security and top-soil erosion called Philosophy of Technology, also enjoyed Eastern Philosophy and Existential Thinkers at UVIC. Then continued with Selection Logging and Eco-system Mapping at the Ecoforestry Institute, and Timber Frame Production at the College of the Rockies. He has been practicing Yoga, Qi Gong and Vipassana meditation for 18 years. He now owns and operates Prana Timber Frames and Prana Food and Shelter Farm in Midway.

Workshop # 39 Sunday afternoon 2 hours

### Healthy Homes

From Co-housing to Eco-villages to Transition Towns, the new era is shifting towards truly sustainable technologies and experiential thinking. Michael will discuss Hugelkultur, Permaculture and Biodynamics and share knowledge about renewable energy and answer questions.

Workshop #40 Saturday afternoon 3 hours

### ET Contact

View images, video and audio samples of extraterrestrial contact that have been experienced by CSETI groups. Time to understand why ordinary citizens must invite direct contact with ETs. We must demonstrate that we are spiritually ready for the technology they gave to humanity 60 years ago. Free energy, electro-gravitic propulsion systems and consciousness-assisted technology will allow us to transform human civilization.



**DEBORAH WARREN**

Vernon, BC • 250 503-1313

[www.ocseti.org](http://www.ocseti.org)

I joined CSETI (Center for the Study of Extra Terrestrial Intelligence) in 1999 in Vancouver and have attended eight CSETI "Ambassador to the Universe" trainings.

I have been assisting ET Contact groups in the Okanagan / Shuswap, teach Computer Science at the college level and offer a number of shaman journey workshops, drawing on the work of anthropologist Hank Wesselman.

### ET Skywatch • Everyone welcome

**FRIDAY 10 to 11:30 pm • Saturday 9 to 11:30 pm • Meet at the Beach**

We will try and contact extraterrestrials using the CSETI protocols developed by Dr. Steven Greer. We will be under the stars for a few hours, bring a chair and sleeping bag to ensure that you are warm enough.

**SHARON CARNE**  
Calgary, AB • 403 668-4085  
www.soundwellness.com

Sharon is a musician, author, recording artist, certified sound healer and a student on the path of evolving consciousness for over 40 years. Her work has evolved into the visionary work of Sound Wellness – bringing the ancient and modern power of sound and music to a deeper awareness and practical everyday use for these challenging times we live in.



Workshop #41 Saturday morning 3 hours

### Wired for Sound

Explore the science and the alchemy of sound. Experience the three elements of sound therapy: recorded music, sound tools and your voice. Learn how deeply sound affects us.

Workshop #42 Sunday afternoon 2 hours

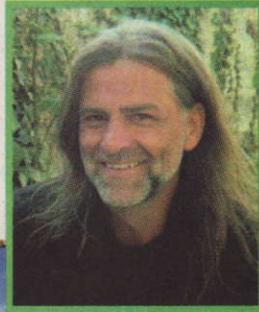
### Exploring Your Cosmic Roots:

A Sound Journey for Ancient Souls

Engage your cosmic brothers/sisters and return to Earth with sacred knowledge they have held for your soul's journey during this lifetime. (No admittance once the journey has begun).

**VINKO TOTIC**  
Ottawa, ON • 613 816-3343  
www.mysteryofthebosnianpyramids.com

Vinko is a documentary filmmaker who graduated in May 2010 from the Documentary Movie Production program at Algonquin College, Ottawa. As a student he directed, filmed and edited two short movies sharing facts, culture and artistry of his own native country Bosnia and, of course, Canada.



Workshop #43 Saturday evening 2 hours

Workshop #44 Sunday morning 3 hours

### Mystery of the Bosnian Pyramids

Watch this movie with filmmaker, Vinko as he explores five newly discovered pyramids in a little town of Visoko in Central Bosnia, that have a reputation, according to many scientists and archeologists as the oldest (25,000 years), greatest (220 meters) and with longest underground network of tunnels in the world. After his presentation there will be time for questions.

Photo of the pyramids in Bosnia

**CINDY-LEE YELLAND**  
Kelowna, BC • 250 868-2210  
www.angelontheloose.com

An accomplished artist, teacher and performer of Bellydance and Middle Eastern fusion dance, CindyLee has studied extensively with local and international instructors since 2000. She delights audiences dancing as *The Angel On The Loose*. She is the director of *The Loose Hip Sisters Bellydance Club*.



Workshop #45 Saturday morning 3 hours

Workshop #46 Sunday afternoon 2 hours

### The Wings of Isis

The ancient Egyptian goddess Isis has many gifts to share with us. We will learn beautiful modern versions of magical ritual moves and forms taken from the wall paintings of ancient Egypt. Come dance with wings just as Isis, the goddess of magic, power and protection did in the times of old and unleash the goddess in you!

*No dance experience necessary, and wings are provided. I have 10 pairs of wings, so workshop participants are limited.*

**REVEREND CRYSTAL ROSE**  
Penticton, BC • 250 493-3435  
www.crystalrosegypsywitchdr.com

Crystal is a charismatic down-to-earth mystical personality who employs several of the healing arts along with her natural gifts as a seer in a way that is both entertaining and insightful. She is the perfect characterization of a 'Traveling Wise Woman' who finds love and joy in every experience, and then shares.



Workshop #47 Saturday afternoon 3 hours

### Spring Clean your Subconscious

Using Sacred Scalar Energy and Voice Activated Hydration Systems experience a group session that allows you to release many blockages effortlessly. As each of us contains our entire life within the tone of our voice, we can neutralize stressors using the basics of sound technology. As we all process information differently, each of us will experience this in a unique way that is geared to be profoundly personal. *Bring a blanket and pillow.*

Crystal Rose is working in the Healing Oasis for 3 hours.

Workshop # 48 Saturday afternoon 3 hours

### Tarot and Time Empowerment

Learn to use your own intuition and tarot cards to bring emotional, mental or physical issues to the forefront of your awareness and a simple Neuro-Linguistic Programming (NLP) technique for integration and emotional release. You will experience the techniques in a group setting and will learn tools that you can take home with you to support your growth and integration.

*Kasia and Joy are working in the Healing Oasis for 3 hours.*



### JOY KINGSBOROUGH

Mission, BC • 604 217-6753

[www.freeguidedsession.com](http://www.freeguidedsession.com)

Joy is a clairsentient with over 20 years of experience reading and interpreting Tarot Cards and connecting with the other side.

### KASIA RACHFALL

Abbotsford, BC • 604 318-0690

[www.freshperspectiveworks.com](http://www.freshperspectiveworks.com)

Kasia is a Trainer and Master Practitioner of NLP, and intuitive healer gifted with the ability to see people's angel wings.

Both women have advanced degrees in psychology, certification in Life Coaching, and various modalities such as Reiki, EFT, Mindfulness Techniques and more.

Workshop #49 Sunday morning 3 hours

### Wisdom Awakening through Sound and Movement

Feel the rhythm in your body and learn to use it to enhance your life. This workshop combines movement and percussion, to help express and externalize yourself through rhythm and create a physical, emotional, and spiritual transformation. Our bodies are rhythmic, the universe is rhythmic, and our job is to harmonize our rhythms with the universe rhythms. Connect to your unique creative source through transformative percussion. Percussion and other world ethnic instruments will be provided, and you're welcome to bring your own too.



### MIRIAM CUNHA & ROBERT ROHLOFF

Kelowna, BC • 250 448-5523

[www.yonisha.com](http://www.yonisha.com)

Miriam is a Reiki Master, Transformative Rhythms Specialist, Laughter Yoga facilitator, Mayan Oracle and Psychic Tarot reader, Ethnic Dances and Drums instructor. Since childhood, she has been involved in different esoteric studies and researching different paths of human evolution.

Robert is a chef, musician, writer and a connoisseur of human nature, whose deep visions at young age took him on interesting journeys. Combined they work as the Psychic Boomers and use music, drumming, movement, and chanting as creative tools for a transformative experience.

*Karen and Sunnaira are part of the crew and offer a Labyrinth walk and Smudging*

**Rev. KAREN COOGAN, B.Msc.**  
Penticton, BC • 250 770-1166

Karen offers insight and clarity from an awareness of the higher realms and our universal states of being, helping release fear-based beliefs to liberate, empower, and live more fully. She has a passion for the singing crystal bowls, creating inspirational meditative experiences through her intuitive playing and singing.



### SUNNAIRA ARMSTRONG

Okanagan Falls, BC • 250 497-6797

Sunnaira shares her wisdom of the Sacred Circle of Life, teachings from Indigenous Elders, and her understanding of the greater reality of who we are as creator beings of the universe. She does this with joyfulness and practical tools for embodying and expanding this energy into the everyday walk of life.

#### SATURDAY MORNING • SUNRISE CEREMONIES

6:45 am Labyrinth Walk with Karen

Combine the heavenly tones of the crystal bowls and the connection to earth as you walk the Labyrinth

SMUDGING by the Willow Tree • Sunnaira and/or assistants

Offered as a cleansing/grounding gift - FRIDAY 2 - 4 pm

SATURDAY and SUNDAY morning 6:15 - 6:45 am

These numbers indicate the workshop location on the map that you will receive at the Festival

# WEEKEND SCHEDULE

## Saturday

### Location

	8:45 - noon	2 - 5:15 pm	6:45 - 8:45 pm
1 Loft	# 08 <b>NORMA COWIE</b> Past Life Regression	# 29 <b>SATYAMA</b> Introduction to Tantra	# 43 <b>VINKO TOTIC</b> Mystery of the Bosnian Pyramids
2 North Wing	# 11 <b>SHARON FORREST</b> CCMBA - Complete Cellular Mind Body Alignment	# 12 <b>SHARON FORREST</b> Prenatal Suffocation Syndrome Technique	# 05 <b>DETLEF JOE FRIEDE</b> Bullying in Today's Society
3 Sessions Room	# 23 <b>NATALIA KAWATSKI</b> Motivational Mandala Painting	# 48 <b>JOY &amp; KASIA</b> Tarot and Time Empowerment	# 24 <b>ROSEMARY PHILIPS</b> "Happy Feet" Foot Massage
4 South Wing	# 36 <b>KELLY OSWALD</b> Your Passion, Your Business	# 06 <b>LYNN ANDERSEN</b> Building Awareness	# 37 <b>KELLY OSWALD</b> Palmistry 101
5 Orchard Court 1	# 26 <b>LAURIE CORNELL</b> Akashic Emotional Clearing	# 47 <b>CRYSTAL ROSE</b> Spring Clean your Subconscious	
6 Orchard Court 2	# 15 <b>JOHN THEOBALD</b> Understanding the Emotional Component of Disease	# 30 <b>KALAWNA BIGGS</b> Medical Intuition	
7 Chapel	# 40 <b>SHARON CARNE</b> Wired for Sound	# 01 <b>HANNELORE</b> Ignite Your 6th Sense	# 17 <b>BRENDA WHITE DOVE</b> Drumming and Songs
8 upper Alberta Hall	# 13 <b>MELONIE OLD</b> Soul Development 101	# 40 <b>DEBORAH WARREN</b> ET Contact	# 31 <b>JANET PEARSON</b> Nourishing the Divine Temple
9 lower Alberta Hall	# 33 <b>LEAH SINCLAIRE</b> Analyze your Birth Chart	#03 <b>CINDY CHARLEYBOY</b> Understanding and Practising Unconditional Love	#18 <b>COLETTE STEFAN</b> Introduction to the Yuen Method™
10 Great Hall	# 45 <b>CINDY LEE YELLAND</b> The Wings of Isis	#35 <b>HAJIME NAKA</b> Moving into Wholeness (outside if the weather is sunny)	# 09 <b>NORMA COWIE</b> Metaphysical Discussion
11 Maple Court	# 21 <b>SANA SHANTI</b> Learning to Let Go	# 38 <b>MICHAEL HOLLIHN</b> Sustainability, Ahimsa, Asteya and the Shelters we choose to Live in	



# April 26-28, 2013

These numbers indicate the workshop location on the map that you will receive at the Festival

## Sunday

**SUNRISE**  
both morning  
6:45 - 7:30

	8:45 - noon	1:30 - 3:30 pm	Location
<b>SUNRISE</b> SATYAMA LASBY Yoga	# 44 <b>VINKO TOTIC</b> Mystery of the Bosnian Pyramids	# 27 <b>LAURIE CORNELL</b> Awakening the Illuminated Heart	Loft <b>1</b>
<b>SUNDAY</b> THERESE LaFORGE Crystal Bowl Bath	# 10 <b>THERESE LaFORGE</b> Restorative Alchemic Sounds	# 02 <b>HANNELORE</b> Mirrors of Relationships	North Wing <b>2</b>
	# 20 <b>MICHELLE MORRISON</b> The Sacred Mandala	# 25 <b>ROSEMARY PHILIPS</b> Intuitive Writing for your Heart	Sessions Room <b>3</b>
NANCY MORTIFEE Awakening the Heart	# 04 <b>NANCY MORTIFEE</b> Mindfulness and Intimacy (for women only)	# 16 <b>JOHN THEOBALD</b> Understanding the Emotional Component of Disease	South Wing <b>4</b>
SUNNAIRA & ASSISTANTS offers a smudge Saturday & Sunday starting at 6:15 am near the Willow tree.	# 34 <b>LEAH SINCLAIRE</b> Analyze Your Name	# 22 <b>SANA SHANTI</b> Learning to Let Go	Orchard Court 1 <b>5</b>
	# 28 <b>ASHLEY HAIN</b> Finding Your Wise Guide with Tarot	Closing Ceremonies start 3:45 pm Sunday	Orchard Court 2 <b>6</b>
<b>SATURDAY</b> KAREN COOGAN Labyrinth and bowls	# 14 <b>MELONIE OLD</b> Soul Development 101	# 41 <b>SHARON CARNE</b> Exploring Your Cosmic Roots: A Sound Journey for Ancient Souls	Chapel <b>7</b>
	# 06 <b>DETLEF JOE FRIEDE</b> The Secret of Energetic Surgery	# 32 <b>JANET PEARSON</b> Legend that You Are	upper Alberta Hall <b>8</b>
NATALIA KAWATSKI Healing Circle Meditation	# 19 <b>COLETTE STEFAN</b> The Basic Yuen Method™	# 39 <b>MICHAEL HOLLIHN</b> Healthy Homes	lower Alberta Hall <b>9</b>
HAJIME NAKA TaiChi and Qigong	# 49 <b>MIRIAM &amp; ROBERT</b> Wisdom Awakening through Sound and Movement	# 46 <b>CINDY LEE YELLAND</b> The Wings of Isis	Great Hall <b>10</b>

### Saturday Night • 9-11pm • Great Hall

Miriam and Robert will start the evening with live looping healing percussion, digital instruments and mantra chanting. The presentation will evolve into a lively Brazilian percussion, enticing the audience into participating and celebrating music and movement.



**Register before March 20<sup>th</sup> and save ... Adults \$150, Seniors & Young People \$125 plus meals, accommodation and hst • On-Site Registration starts Friday at noon.**

# REGISTRATION FORM

**Healing Oasis Registration starts at 1 pm  
Healing Sessions available Friday 2 to 5 pm**

Name(s) \_\_\_\_\_  
 Address \_\_\_\_\_ Phone \_\_\_\_\_  
 Town \_\_\_\_\_ Prov. \_\_\_\_\_ Code \_\_\_\_\_ email \_\_\_\_\_

## FESTIVAL FEES

		Weekend	Saturday <small>only</small>	Sunday <small>only</small>
<b>ADULTS</b> (26-62 years)	on or before March 20 <sup>th</sup>	\$ 150	\$ 110	\$ 55
	March 21 <sup>th</sup> — April 20 <sup>th</sup>	\$ 170	\$ 120	\$ 65
	After April 20 <sup>th</sup> and on site registration	\$ 180	\$ 130	\$ 70
<b>SENIORS</b> 63 yrs+ <small>and</small> <b>STUDENTS</b> (10-25 yrs)	on or before March 20 <sup>th</sup>	\$ 125	\$ 95	\$ 45
	March 21 <sup>th</sup> — April 20 <sup>th</sup>	\$ 145	\$ 105	\$ 55
	After April 20 <sup>th</sup> and on-site registration	\$ 155	\$ 115	\$ 65

## MEALS....Please pre-order by APRIL 5

**MEAL PACKAGES** Meals include dessert and beverage. If you have dietary restrictions please advise.

**6 meals** Friday dinner to Sunday lunch \$95.00 \_\_\_\_\_ **5 meals** Saturday breakfast to Sunday lunch \$75.00 \_\_\_\_\_

<b>INDIVIDUAL MEALS</b>	Fri. Dinner	\$ 23.00	Sat. Breakfast	\$ 12.00	Sat. Lunch	\$ 15.00
	Sat. Dinner	\$ 23.00	Sun. Breakfast	\$ 12.00	Sun. Lunch	\$ 15.00

## ACCOMMODATION *Bedding and towels included.* **Check out time 1 PM - Sunday**

- Cabins *One or two rooms. Double bed and/or two single beds plus front room with a hide-a-bed/couch plus kitchen.*
  - Maple Court *One double bed, one single bed and a bathroom. Fridge, sink and tea kettle in the foyer.*
    - Shared: Two people, two nights \$ 110 per person • Three people, two nights \$105 per person
    - Private: One person, two nights \$200 • Private: one person, one night \$120.
  - Alberta Hall *A two storey dorm with two single beds in a room and a large multi-use bathroom on each floor.*
    - Shared: Two women, two nights \$ 95 per person • Two women, one night \$75 per person
    - Private: One woman, two nights \$125 • One woman, one night \$80
  - Orchard Courts *Two single beds and a bathroom in each room with a shared common space that includes a kitchen.*
    - Shared: Two people, two nights \$ 120 per person • Private: one per person, two nights \$220
  - R.V. Space \$ 40 per night including electrical hook-up
  - Tent \$ 25 per night .. no power
- R.V. & tent spaces have a central bathroom with shower and a picnic area.*

To book nearby accommodations visit [www.DiscoverNaramata.com](http://www.DiscoverNaramata.com) Many have websites with images and directions  
 BC Motel: 250-496-5482 • Village: 250-496-5535 • Naramata Inn: 250-496-6808 • Sandy Beach Lodge: 250-496-5765

Festival Fees \$ \_\_\_\_\_  
 Meals \$ \_\_\_\_\_  
 Accommodation \$ \_\_\_\_\_  
 Subtotal \$ \_\_\_\_\_  
 GST (add 5%) \$ \_\_\_\_\_  
 Grand Total \$ \_\_\_\_\_  
 Amount enclosed \$ \_\_\_\_\_ (50% deposit required)  
 Balance ... \$ \_\_\_\_\_ payable at the door

Make cheque payable to: **Visions unlimited, Spring Festival ...Send it to**  
 Marion Desborough, L1-4505 McLean Creek Rd, OK Falls, BC, V0H 1R1

We do not mail receipts. If you need confirmation please give us time to process the form and then call the number below.

No refunds on meals or accommodation **after** April 1  
 We refund festival fees, less \$50 per person, if notified by April 20.

If paying by credit card phone **250-497-6861**

Questions? **1-855-366-0038** Angele Ortega

**Please bring a travelling mug for refreshment breaks.**

