

20<sup>th</sup> Annual

# Wise Women's Festival

August 26 ~ 28, 2016

## Johnson's Landing Retreat

**20 workshops**

**plus optional  
Sweatlodge  
Thursday, Aug 25**

**\$135**

**if registered  
before August 1**

**includes  
FREE camping**



The program is online at [www.issuesmagazine.net](http://www.issuesmagazine.net)

## Pre-event Opportunity • Thursday, August 25

Join three strong women for 4 rounds in the Sweatlodge, 2 - 6 pm.

By Donation • Dinner to follow. More drumming as the moon rises.

Sunnaira Armstrong will lead the sweat

Marilyn Puff will drum and sing

Peggy Ness will be the Fire Keeper



Healing Oasis happens Friday afternoon 3-5 and Saturday by appt.

# FRIDAY EVENING

5:30 pm - Dinner

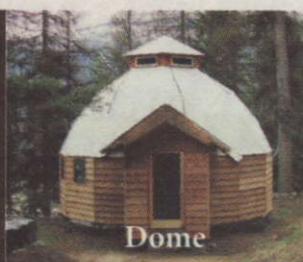
7:30 pm - Opening Ceremony • Dances of Universal Peace led by Dania in the Dome

8:15 pm - Introduction of Instructors in the Group room

9:00 pm - Marilyn Puff and friends will sing to the rhythm of the drum beat  
Bring your voice, drum and rattle. In the Group room



Group Room



Dome



Lodge or Sacred Space



Tipi

Saturday Schedule

|                       | Group Room   | Dome   | Lodge or Sacred Space  | Tipi   |
|-----------------------|--|--|--|--|
| 9 am to 12 noon       | # 01<br><b>DANIA EDWARDS</b><br>The Science of Heart Intuition   | # 03<br><b>PATRICIA CLAPP</b><br>Heart Centered Living Energy Medicine | # 10<br><b>ZORA DOVAL</b><br>Nurturing the Goddess with Ayurveda | # 14<br><b>PEGGY NESS</b><br>Express Yourself                    |
| 2 pm to 5 pm          | # 07<br><b>LAUREL GLENN</b><br>Palmistry 1                       | # 17<br><b>MARIE &amp; KANNARA</b><br>Living Soul Resonance            | # 12<br><b>CINDI TOMOCHKO</b><br>Healing is a Creative Act(ion)  | # 13<br><b>RUBY PETERSON</b><br>Learning to say Yes to your Soul |
| 7 pm to 8:30 or later | # 05<br><b>ELIZABETH BLAKELY</b><br>The Brain ~ The Last Bastion | # 09<br><b>LAUREL GLENN</b><br>Mythology & Connecting to our Ancestors | # 02<br><b>DANIA EDWARDS</b><br>Satsang with Kirtan              | # 19<br><b>MARILYN PUFF</b><br>Sacred Moon Drum Circle           |

*The 7 pm class ends when your group decides*

Sunday

|                 |   |   |   |  |
|-----------------|---|---|---|--|
| 9 am to 12 noon | # 08<br><b>LAUREL GLENN</b><br>Palmistry 2                | # 18<br><b>MARIE &amp; KANNARA</b><br>Living Soul Resonance | # 11<br><b>ZORA DOVAL</b><br>Ayurvedic Facial Massage             | # 14<br><b>RUBY PETERSON</b><br>Learning to say Yes to your Soul     |
| 2 pm to 4:30    | # 04<br><b>PATRICIA CLAPP</b><br>Move Energy into Balance | # 16<br><b>PEGGY NESS</b><br>Change Your Wealth Blueprint   | # 20<br><b>ANGELE</b><br>Change your Writing, Shift your Thinking | # 06<br><b>ELIZABETH B.T.</b><br>Coning: Creating Vortexes of Energy |

**SUNRISE**  
7-7:45

Dru Yoga with Cindi Tomochko • Saturday & Sunday mornings in the Group Room

**Closing Ceremonies** with Dania Sunday 4:40 - 5 pm in the Dome

# WORKSHOP LEADERS for JL WISE WOMEN

## DANIA EDWARDS

Nelson, BC • [dania@netidea.com](mailto:dania@netidea.com)  
[www.heartmath.com/coach-mentor/dania](http://www.heartmath.com/coach-mentor/dania)

Dania has been a Certified HeartMath Coach since 2012, as well as an Authorized Facilitator of Healing with the Arts. She has been a drummer and mentored dance leader for the Dances of Universal Peace since 2008. She is a Registered Jin Shin Do Bodymind Acupressurist, Licensed Stopping Emotional Eating Program Coach. "Sharing information about the heart, from my heart, facilitating ah-has and witnessing shifts into expanded consciousness is a JOY!"

*Dania will lead the Dances of Universal Peace for Opening and Closing Ceremonies*



Workshop #01 Saturday morning 3 hours

### The Science of Heart Intuition

Anxieties? Self-doubt? Come explore how your own heart has the remedies! We play with simple and powerful tools and techniques, from scientific research from the HeartMath Institute, to access our clear thinking, as well as our heart intuition! Through fun games, art, sound and breath, we learn how to transform anxieties and doubts into peace and presence. We complete with a Heart meditation, offering Peace to the World.

Workshop #02 Saturday evening 2 - 2.5 hours

### Satsang with Kirtan

Welcome to our circle of call-respond devotional songs in Sanskrit mantras, chanting, short teachings of Amma and closing with a short meditation for World Peace.

## PATRICIA CLAPP

Nelson, BC • 250 825-4599  
[EnergyMedicineWorks.ca](http://EnergyMedicineWorks.ca)

Patricia studies Eden Energy Medicine with the founder, Donna Eden. Eden Energy Medicine combines traditional wisdom studies with cutting edge epigenetics, biophysics and quantum physics. Patricia teaches regular classes and maintains her lifelong learner status with workshops and exploration of subtle energy work. She maintains that "Energy is all there is!"



Workshop # 03 Saturday morning 3 hours

### Heart-Centered Living: Energy Medicine

Research has affirmed the greatly expanded role of our Heart Energies. Our societal conditioning of the separation of "Heart and Head" can jeopardize our own health and has ripple effects on those around us. It may be that our greatest responsibility to ourselves, our families, friends, and community is to align our thoughts and actions in a "Whole-Hearted" approach to life. Discussion opportunities and Energy Exercises are included, and we will learn a simplified method for achieving Heart-Mind coherence.

Workshop # 04 Sunday afternoon 2.5 hours • Move Energy into Balance

A demonstration and an opportunity for you to balance energies with a partner. If you have worked with any energetic practise, you know that "You have magnetic hands." Curious? Watch Donna Eden on Youtube to become familiar with the concepts. We'll use 'energy testing' before and after the session to demonstrate results. The *Official Daily Energy Routine* is on my website.

## ELIZABETH BLAKELY TOEWS

Winlaw, BC • 250 355-2848  
[www.isismoonpublishing.com](http://www.isismoonpublishing.com)

Elizabeth is a Metaphysician Master and Reiki Master, world sacred site traveler and connector to the Angelic and Devic realms. She is a visionary and activator of humanity, a national best-selling author of 8 spiritual books, including the newly revised edition of *The Goddess Lives, Poetry, Prose and Prayers in Her Honour*, which she will launch at the festival.



Workshop #05 Saturday evening 2.5 hours

### The Brain ~ The Last Bastion

Learn how to and practice releasing higher brain function and memory through working with Universal Energy, Techno Spirituality, sound frequencies and a brain tonic! Engaging greater memory and telepathy is paramount now as we leave Kali-Yuga, the Age of Conflict, and prepare for the Golden Age of Wisdom.

Workshop #06 Sunday afternoon 2.5 hours

### Conings: Creating Vortexes of Energy

The 'Coning' gathers together levels of evolution and involution, and this team of our Higher Selves, Ascended Masters and Nature Spirits helps us to clear land areas, our homes, and objects of misplaced energy. It facilitates us to create balance in situations. Elizabeth loves working co-creatively with the Nature Spirit realm and feels communication with all living beings is the only way we will eventually balance and heal the Earth.

Workshop #07 Saturday afternoon 3 hours

### **Palmistry - part 1**

First a brief history, 5000 years in a few minutes. Then we will look at your hand and see how well you know it. We will trace our hands left and right, then explore the shape, major lines, finger ridges, mounds and some secondary lines.

Workshop #08 Sunday morning 3 hours

### **Palmistry - part 2**

It is best if you have taken part 1 as I will continue with demonstrating a 'Party Palm' and how to do interpretations. Some advanced knowledge may be of interest, depending on the group.

Workshop #09 Saturday evening 2 hours

### **Mythology & Connecting to our Ancestors**

What I discovered traveling to remote areas of Scotland, the Hebrides, the Orkney and ultimately to the Emerald Isle of Ireland, who I am. It became clear that our spiritual nature dwells within a higher realm where the symbolism of language cannot communicate yet we all, regardless of our differences, share. I found myself in mythology, Neolithic stone sites and sacred wells, for these are the places of unity.

I invite you to share images and highlights of my Journey which transcend words and encourages spiritual remembering.



**LAUREL GLENN**  
Penticton, BC • 250 490-0871

At age 16 I discovered a book on Palmistry and quickly learned it. The more palms I read I realized interpreting the hand's information was very accurate. It was fun and an easy way to make new friends. In my 20's while back-packing through Australia and New Zealand I read palms frequently but on return to Canada for some reason I stopped. Two years ago I returned to Palmistry as passionate as ever and wrote a workbook for my class. I soon felt I had lost some part of myself over those years. My soul was longing for something and I trusted in my spiritual guides to lead me to wholeness. Sure enough I soon found my way to southern England and Glastonbury for the pagan festival of Beltaine and witnessed sunrise on the Tor. Next I went to Stonehenge where I had stood amongst the megaliths 45 years before. I quickly realized I was being lead home. I want to share what I have learned.

Workshop #10 Saturday morning 3 hours

### **Nurturing the Goddess with Ayurveda**

Every woman, from maiden to crone, is a fountain of creative cosmic energy and a dwelling place of the Great Goddess. Contemporary women are challenged to juggle many tasks, often resulting in stress and disease. Zora will share knowledge from the vast reservoir of Ayurvedic and Tantric sciences to help you grow wise.

Workshop #11 Sunday morning 3 hours

### **Ayurvedic Facial Massage**

Time to share and pamper ourselves while learning special techniques that keep the face-young looking.



**ZORA DOVAL**  
Riondel, BC • 250 227-9434  
[www.ayurvedanow.ca](http://www.ayurvedanow.ca)

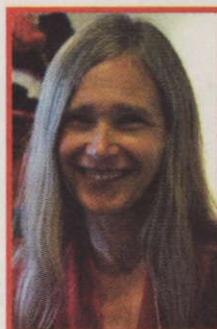
Zora studied Ayurveda with Dr. Svoboda and Dr. Lad and holds a diploma from the Ayurvedic Institute in New Mexico. She completed a certification course with Dr. Kekada from Bali that authorizes her to perform a broad range of Ayurvedic cleansing therapies, 'pancha karma.' She authored two books on Ayurveda and is a practitioner of High yoga tantra and participates regularly in meditation retreats with her master. In her retreat center on Dakini Land near Nelson, she conducts intensive meditation retreats and offers various Ayurvedic therapies.

Workshop #12 Saturday afternoon 3 hours

### **Healing is a Creative Act(ion)**

To make art is to be creative. To be creative is to open to possibility and healing. Together with basic art materials such as paint, pastels and clay, a non-directive spontaneous approach and sharing based on the art-making process, we allow for and explore the stuff of life - thoughts, feelings, memories and dreams. Rendering visible the invisible, inviting inner and outer transformation.

*Art experience is not required. Confidential sharing is respected.*



**CINDI TOMOCHKO**  
Penticton, BC • 250 276-5308

Cindi certified as an art therapist in 1989. Currently she practices through Wind in the Willow Creative & Healing Arts Studio with adults and children as well as professional service providers. Her experience as a Dru yoga instructor, visual artist, Buddhist practitioner and provider of mental health services informs and supports this creative healing process.

*This workshop will be held in the lodge.*

**Cindi will lead Dru Yoga session both mornings in the Group Room • Dru yoga rooted in ancient tradition and yogic postures flows with gentle yet potent gi gong like sequential movements and mindful breath work.**



## PRE EVENT Opportunity Women's Sweat and Smudge

Thursday 2-6 pm ~ please arrive by noon

We will prepare to light the fire before noon. The first of four rounds starts at 2 pm. To participate more clearly it is best if you have a light breakfast then a light soup for lunch, even better would be some fruit. Come early for a smudge of sage, cedar and eagle feathers or if you would like to discuss a personal need before we start. If you wish to continue drumming as the moon rises Marilyn will lead a Drum Circle in the tipi.



### MARILYN PUFF

Kamloops, BC • 250 320-1993

FaceBook: Sacred Moon Circles

Marilyn, Sage Woman, attended her first Medicine Wheel and Sweatlodge ceremony over 25 years ago. Her medicine is singing and her passion is circling with women on Sacred Land. She is a professional counsellor and workshop facilitator and is currently cocreating her vision of a SACRED MOON Festival for Women in Sept 2017 near Kamloops.

Thursday evening 1.5 hours

### Sacred Moon Drum Circle

Workshop \*19 Saturday evening 1.5 hours

Enjoy the uniqueness of who you are, your voice, the beat of your own drum, the sounds and songs that stir your passion and the joy that heals. Marilyn offers a journey of songs around the Medicine Wheel through intention, visualization, chants and rhythms. Bring your drum or rattle, or use the rhythm instruments provided.

### SUNNAIRA ARMSTRONG

Okanagan Falls, BC

250 497-6797

Sunnaira shares her wisdom teachings from Indigenous Elders with joyfulness and practical tools for embodying and expanding this energy into the everyday walk of life. The voice of the drum resonates with the heartbeat of the earth and the pulse of all creation.

Workshop \*20 Sunday afternoon 2.5 hours

### Change your Writing, Shift your Thinking

Easy to grasp, not so easy to implement. It is good to know what the basic symbolism means as the dot moves through space to express our brains agenda. What does a circle or a line represent, how much slant is good. Did you know there is no such thing as messy writing, The hand only expresses what the brain knows.



### ANGELE ORTEGA

Johnson's Landing, BC • 250 366-0038

Angele became a certified Graphologist in 1990. It did not take her long to realize she could not make a living doing this so she started Issues Magazine to promote herself, the Spring Festival of Awareness and all the people she knew who had talent. Since then she has learned many tools for understanding herself and the bigger picture called life.

## The Healing Oasis *is near the Group Room.*

Intuitive Readings • Body-work • Energy-work

Sign-up starts at 1 pm on Friday - Sessions are 3 to 5 pm

Saturday sessions will be posted as available

Rate of \$25 per half hour and \$40 per hour.

### If you wish to work in the Healing Oasis

We offer a trade: 6 hours of healing sessions for a weekend pass.

please go to our website: [www.issuesmagazine.net](http://www.issuesmagazine.net)

It has details including a page with *frequently asked questions*.

or call Angele: 250-366-0038 or email [Angele@issuesmagazine.net](mailto:Angele@issuesmagazine.net)

## Friday & Saturday Marketplace

Space will be made on the lawn so please let us know if you will bring items to trade or sell.

Please chat with Angele about details.

This space will evolve as needed.



# JOHNSON'S LANDING REGISTRATION

## Wise Women's Festival • August 26 - 28

**\$135** if registered by **August 1** plus gst, for maidens, adults and crones  
after August 1 cost is \$150 • Saturday only \$100 • Sunday only \$50

### Fees include FREE CAMPING

We refund festival fees two weeks before event, less \$25 per person

## The Women's Sweat & Smudge is Thursday, Aug 25

*It is by donation to the leaders. Meals & accommodation are extra.*

### MEALS....please pre-order

**Vegetarian** meals are mostly organic and include lots of great food including salad, dessert and beverages. Let us know if you have dietary restrictions. **Wheat Free option is \$5 extra for the weekend.**

**INDIVIDUAL MEALS** Breakfast \$ 12 • Lunch \$ 17 • Dinner \$ 17

**MEAL PACKAGES**  
Thursday dinner to Sunday lunch \$135  
Friday dinner to Sunday lunch \$90  
Saturday breakfast to Sunday lunch \$75

*To reserve your space at the  
Johnson's Landing Wise Women's Festival  
please call 250 366-4402 ... Today*



**Please bring a  
travel mug**

### If you don't enjoy camping, up-grades are available

#### SHARED Accommodations

\*\*\* Third night is half price

|                   |                                       |
|-------------------|---------------------------------------|
| Room in the Lodge | \$ 40 per person, per night           |
| Tree House        | \$ 45                                 |
| Tipi              | \$ 40 reduced rate for a third person |
| Cabin             | \$ 50                                 |
| Dorm              | \$ 50 reduced rate if more people     |

#### PRIVATE Accommodations

\*\*\* Third night is half price

|                   |       |
|-------------------|-------|
| Tent Cabin        | \$ 40 |
| Room in the Lodge | \$ 60 |
| Tree House        | \$ 70 |
| Cabin             | \$ 75 |